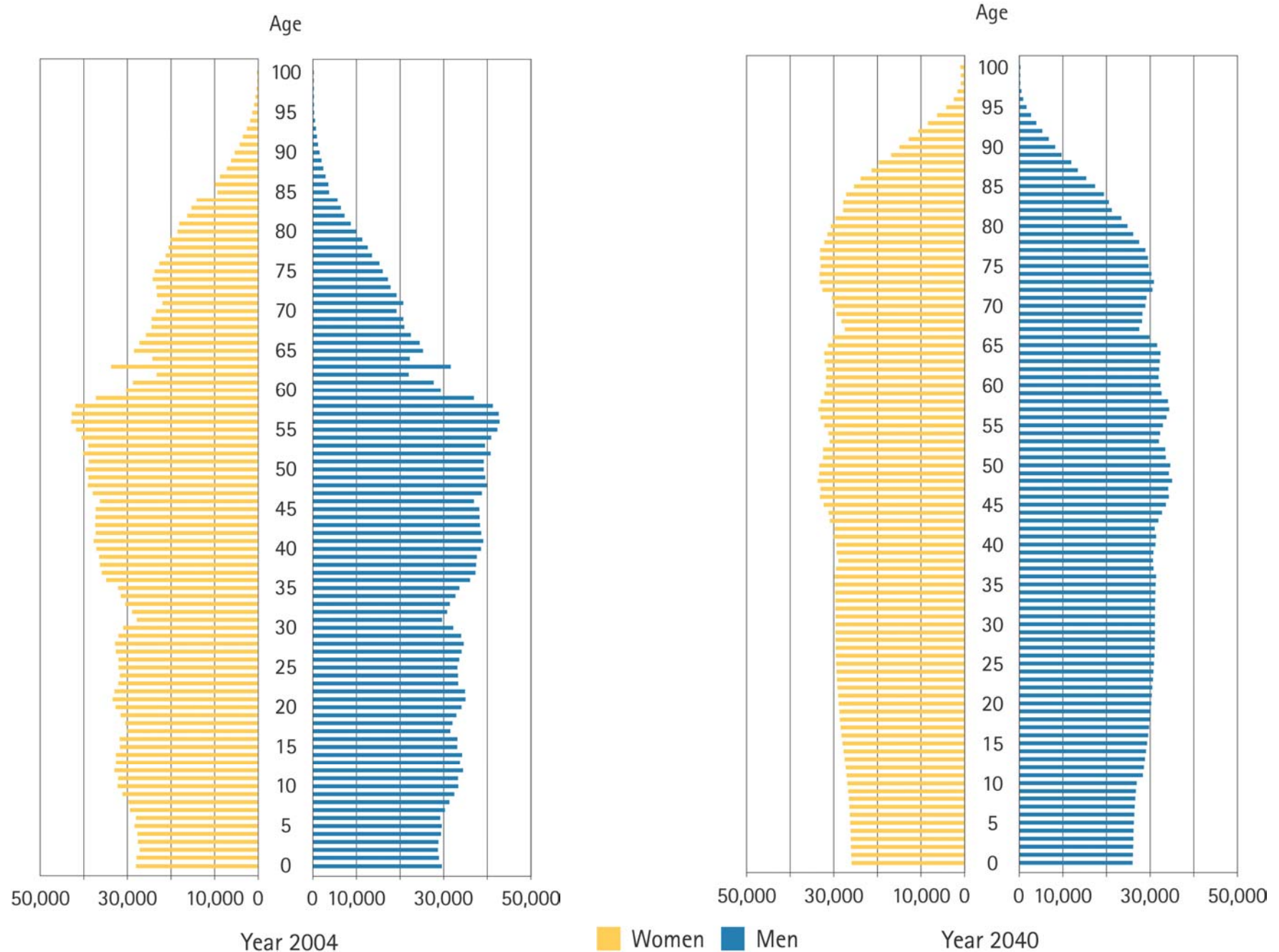


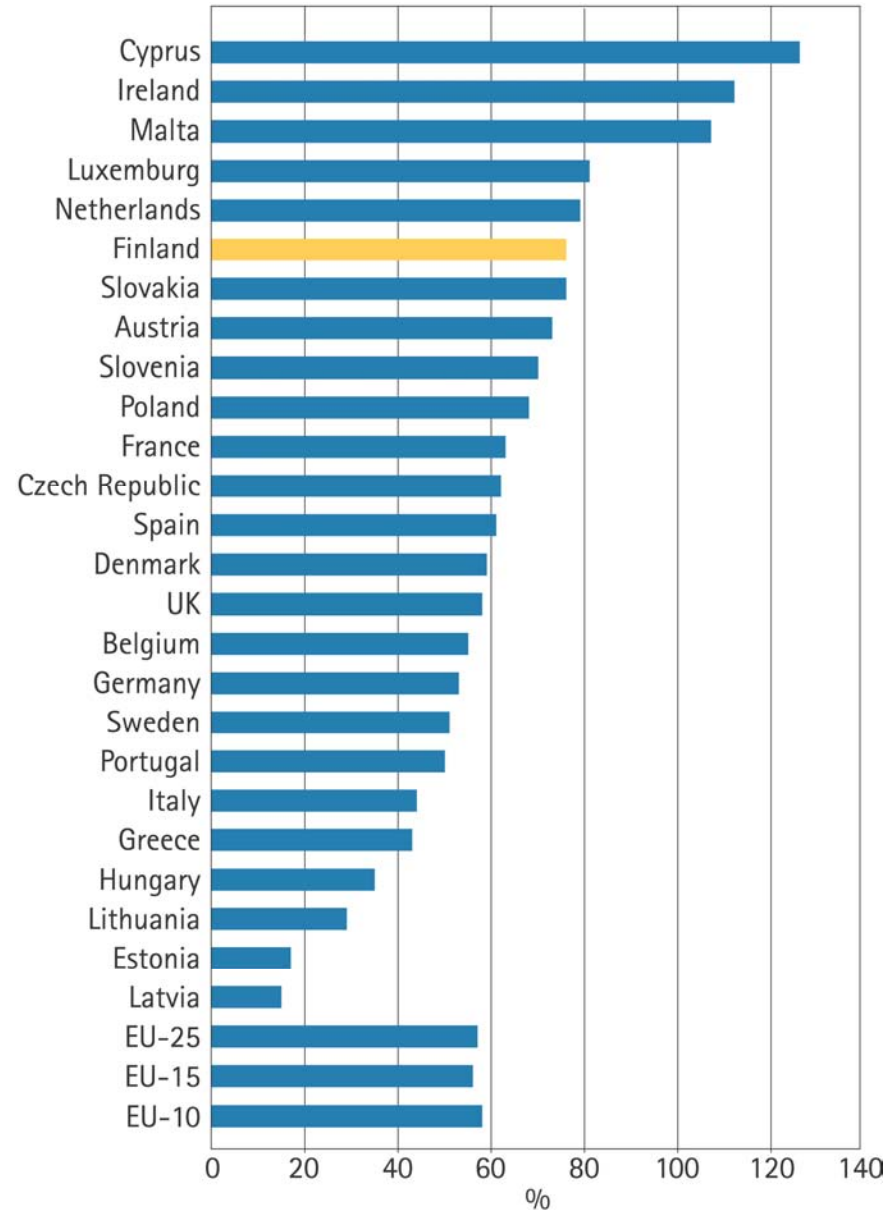
# Figure 1. Population age structure at the end of 2004 and 2040.

(source: Statistics Finland)



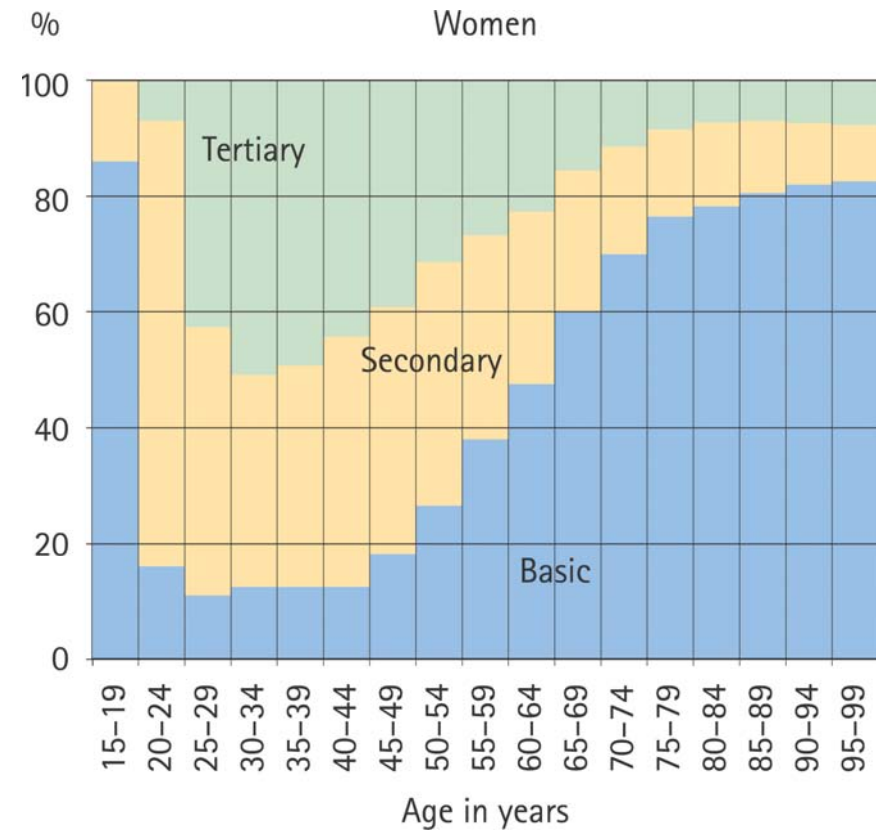
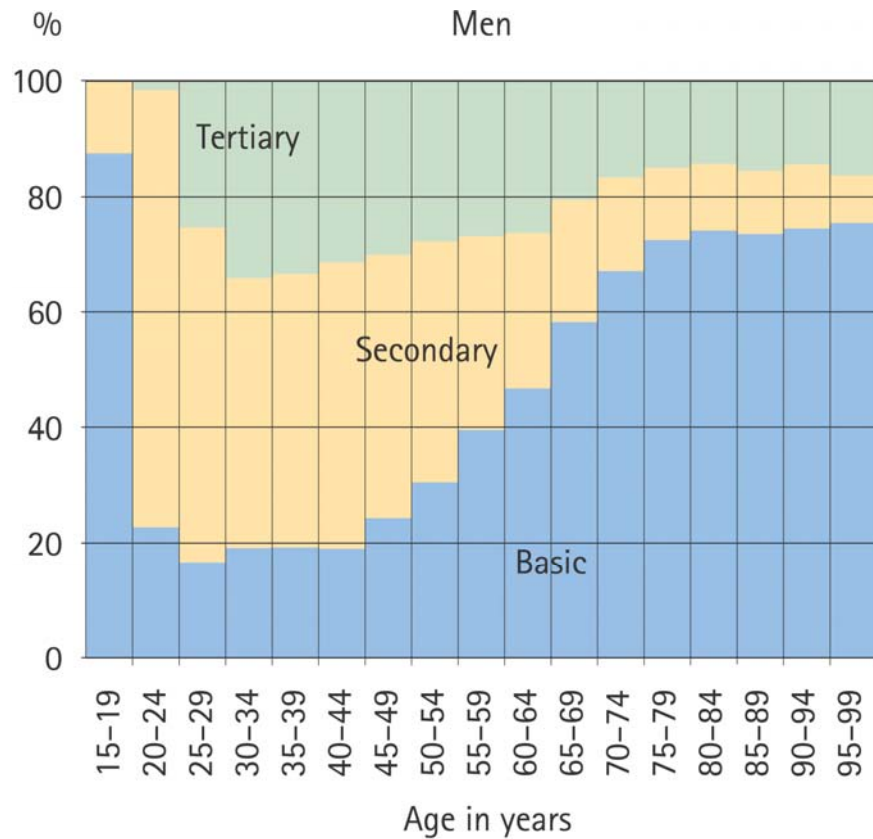
**Figure 2.** Growth of the population aged 65 or over (%) in 2003–2030.

(source: Eurostat New Cronos)



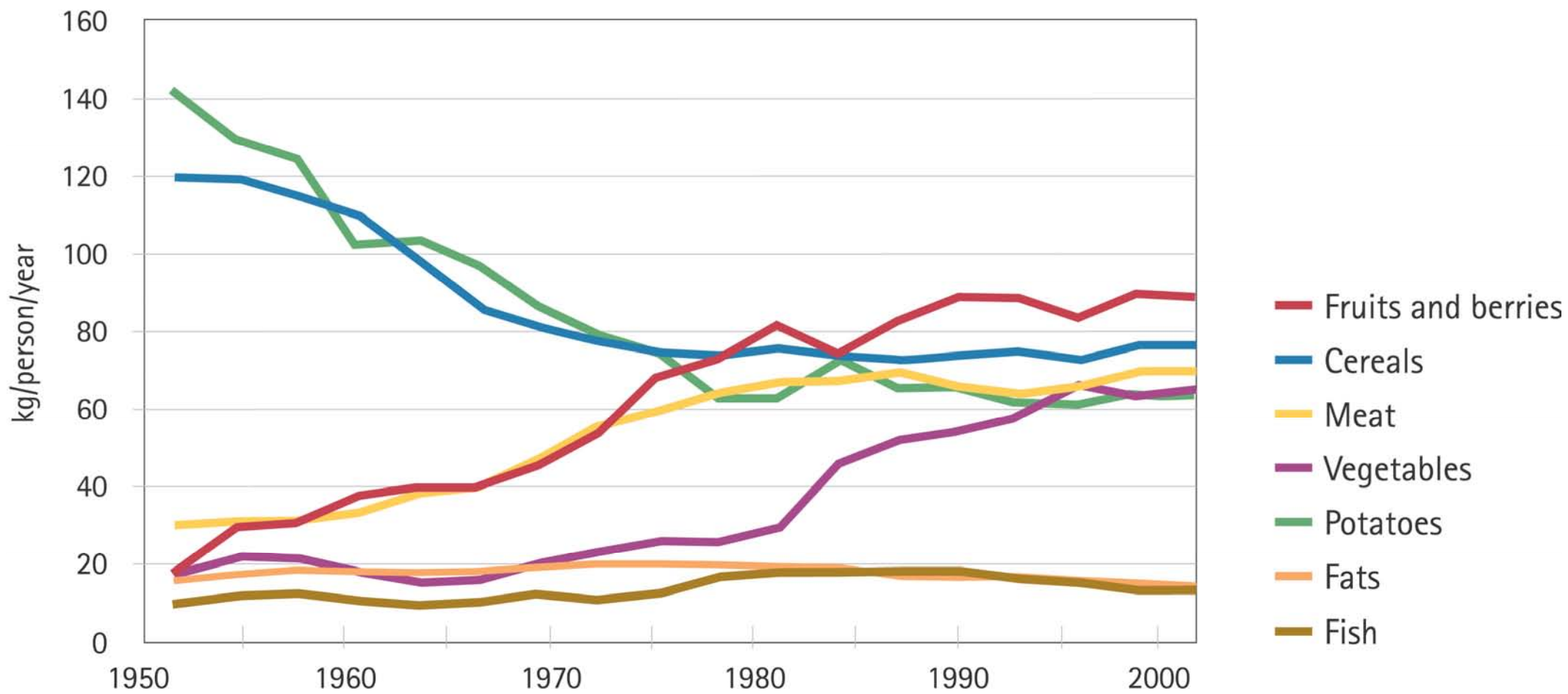
**Figure 3.** Breakdown of women and men aged 15 or over by education at the end of 2004.

(source: Statistics Finland)



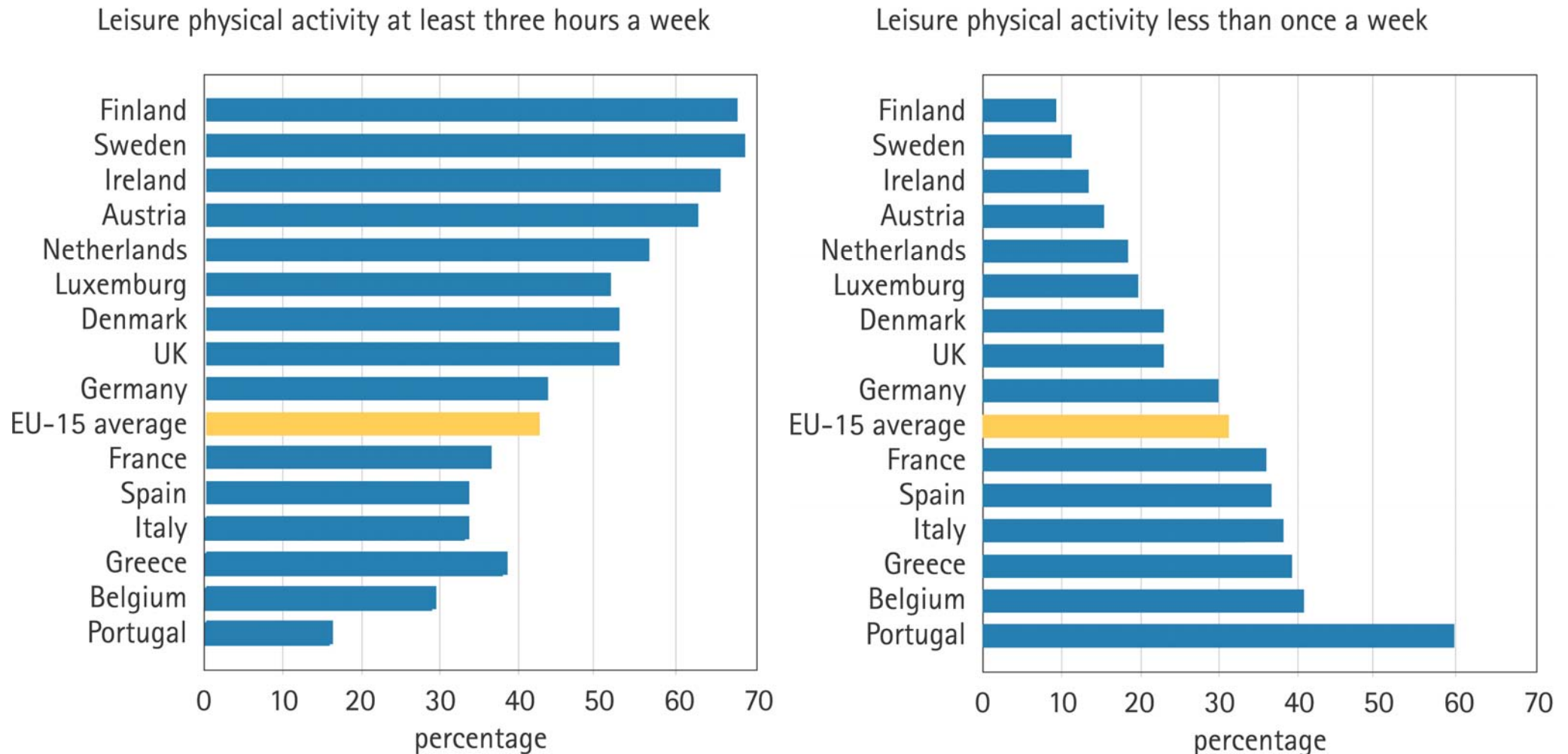
**Figure 4.** Changes in foodstuffs consumption between 1950–2003.

(source: Ministry of Agriculture and Forestry)



## Figure 5. Percentage of population aged 15 or over in EU countries who take part in leisure physical activity.

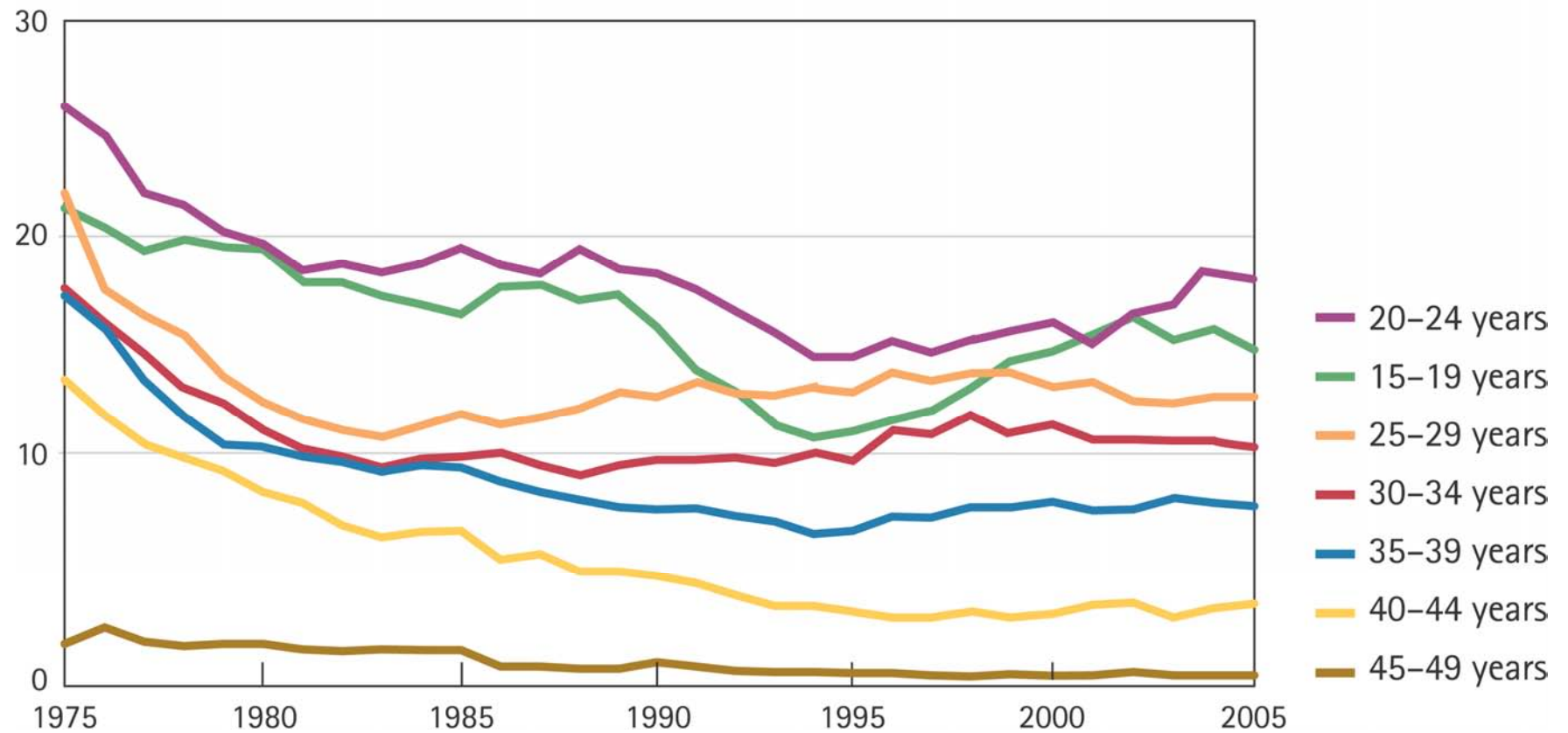
(source: A pan-EU survey on consumer attitudes to physical activity, body weight and health, 1999)



## Figure 6. Induced abortions by age group in 1975–2005 per 1,000 women.

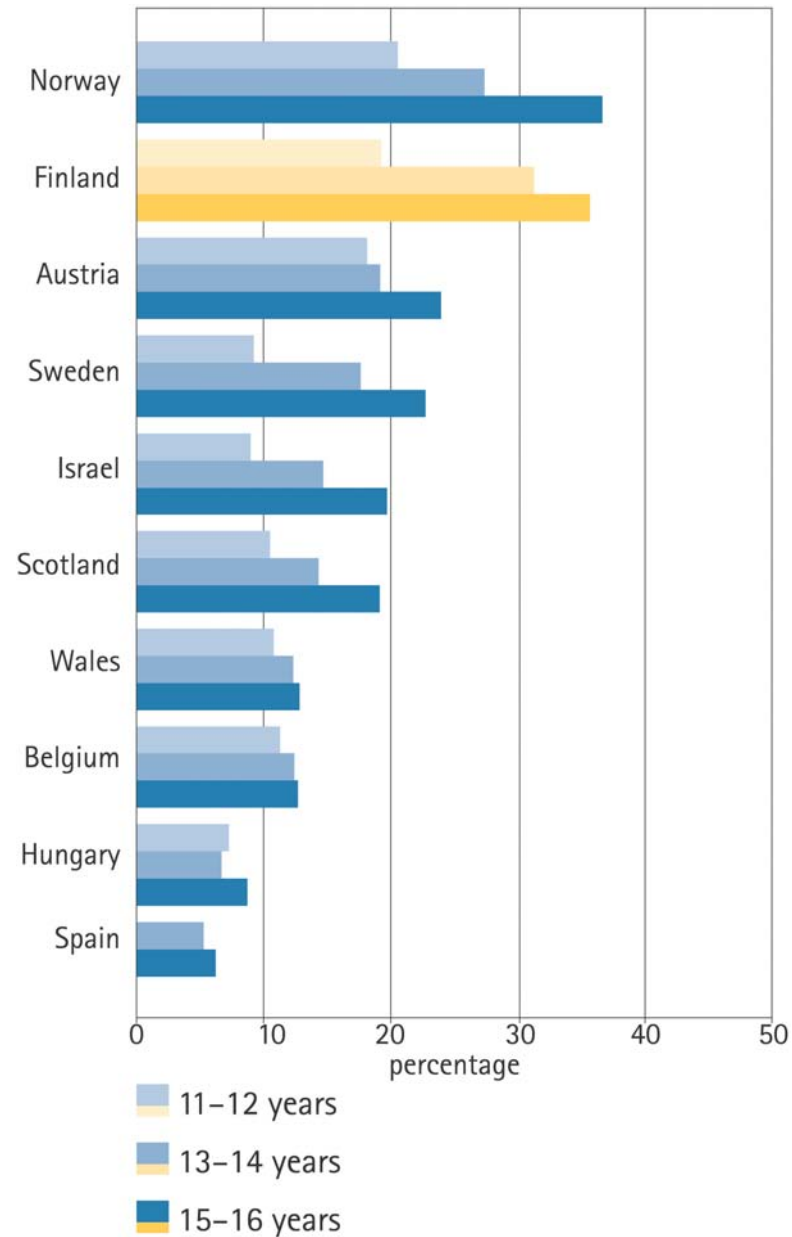
(source: Induced abortions – preliminary data 2005, STAKES)

Induced abortions per 1000 women of the same age



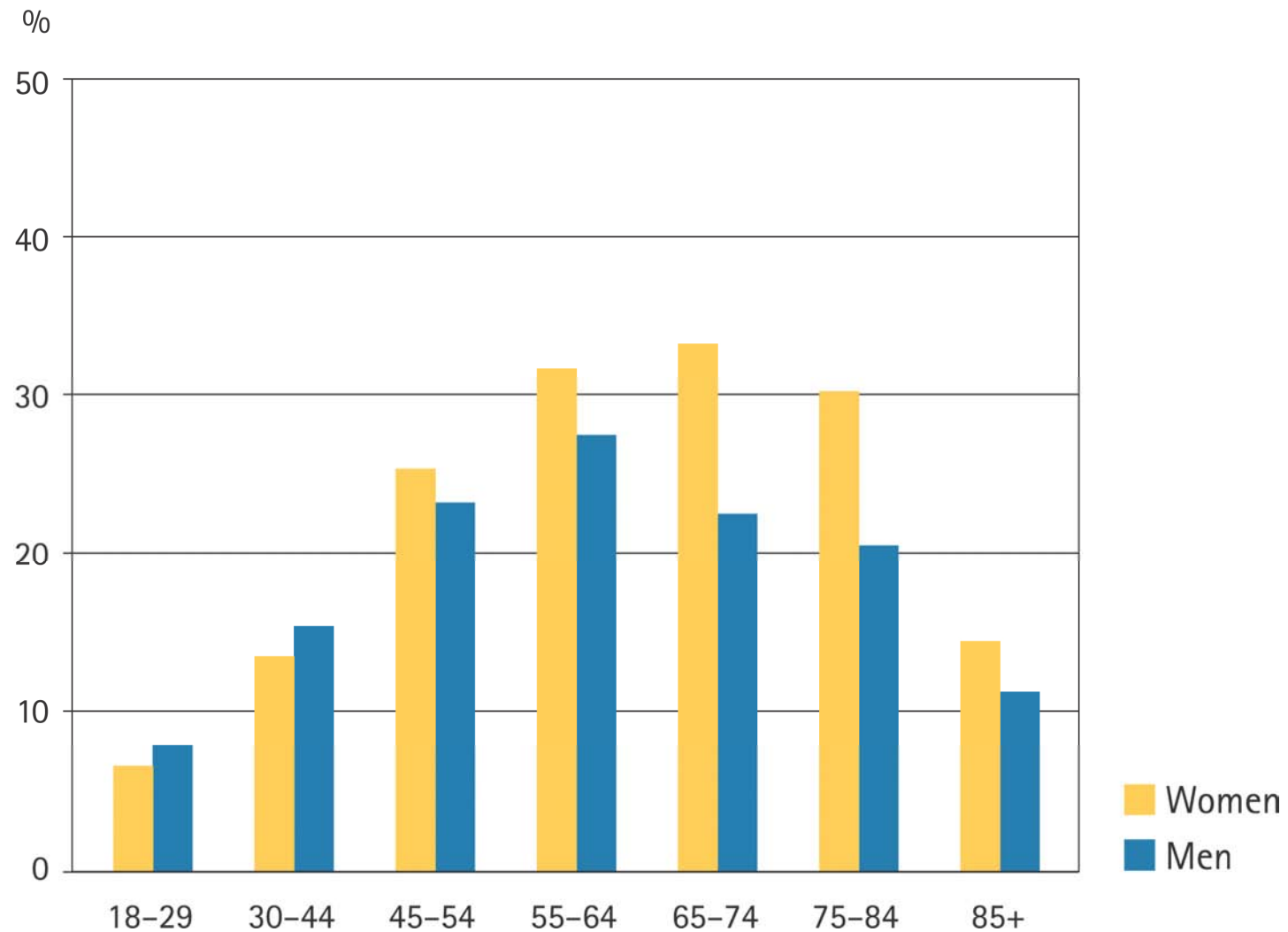
**Figure 7.** Morning fatigue among schoolchildren in different countries.

(source: Tynjälä et al. 1993)



# Figure 8. Prevalence (%) of obesity (BMI $\geq 30$ kg/m<sup>2</sup>) in the adult population in 2000–2001

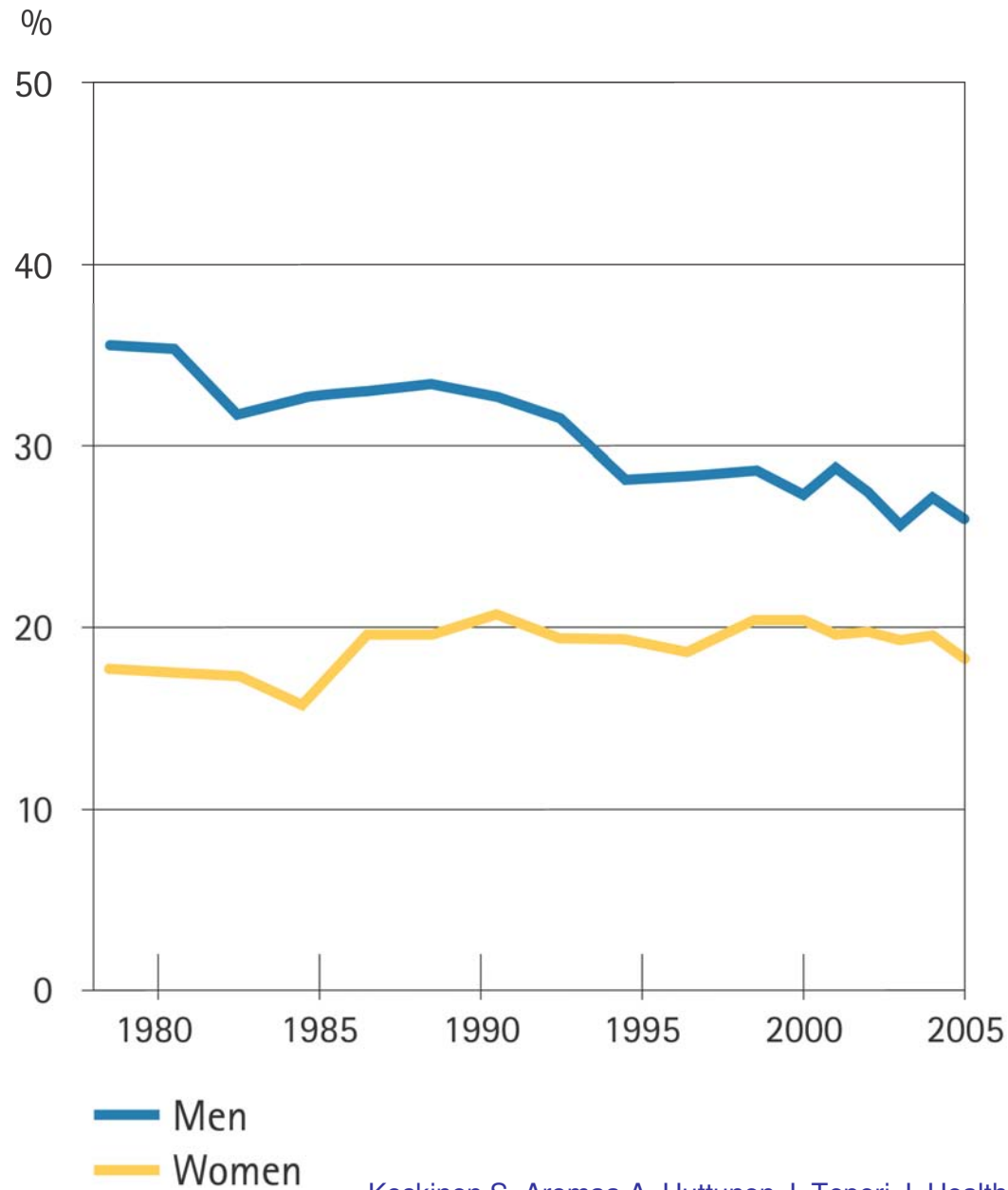
(sources: Aromaa and Koskinen 2002; Koskinen et al. 2005)





**Figure 9.** Proportion (%) of daily smokers in the population aged 15–64 in 1978–2005.

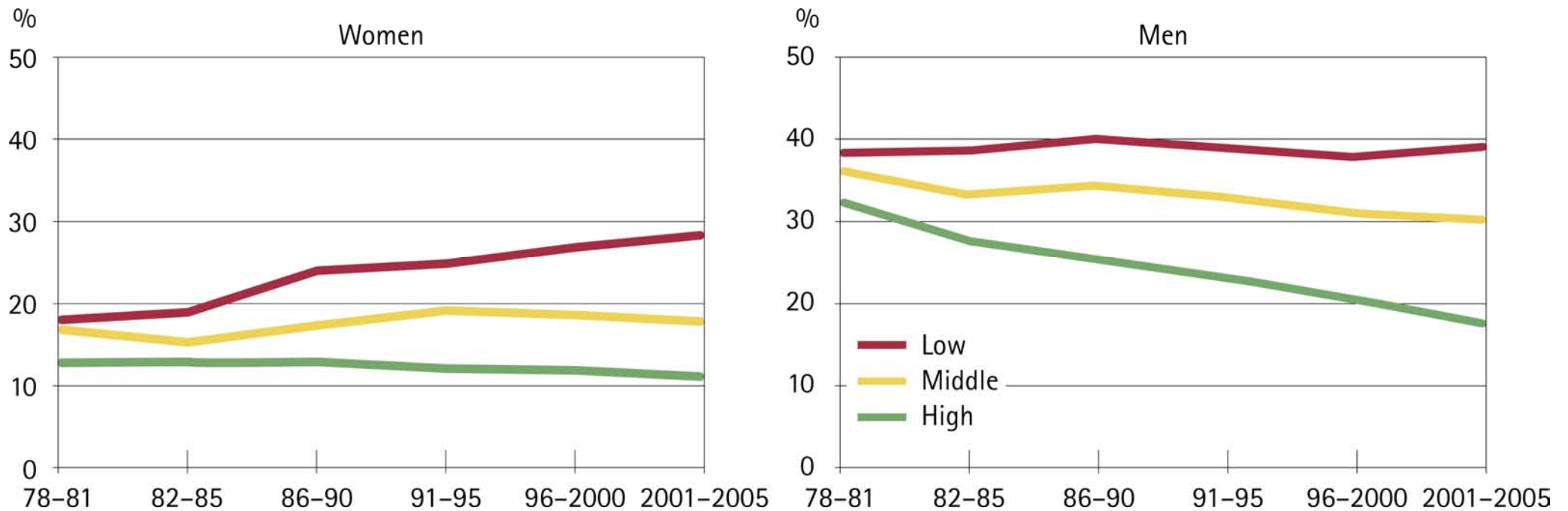
(source: Helakorpi et al. 2005)



**Figure 10.** Age-standardised prevalence (%) of daily smoking among 25–64-year-old women and men by level of education<sup>1</sup> in 1978–2005.

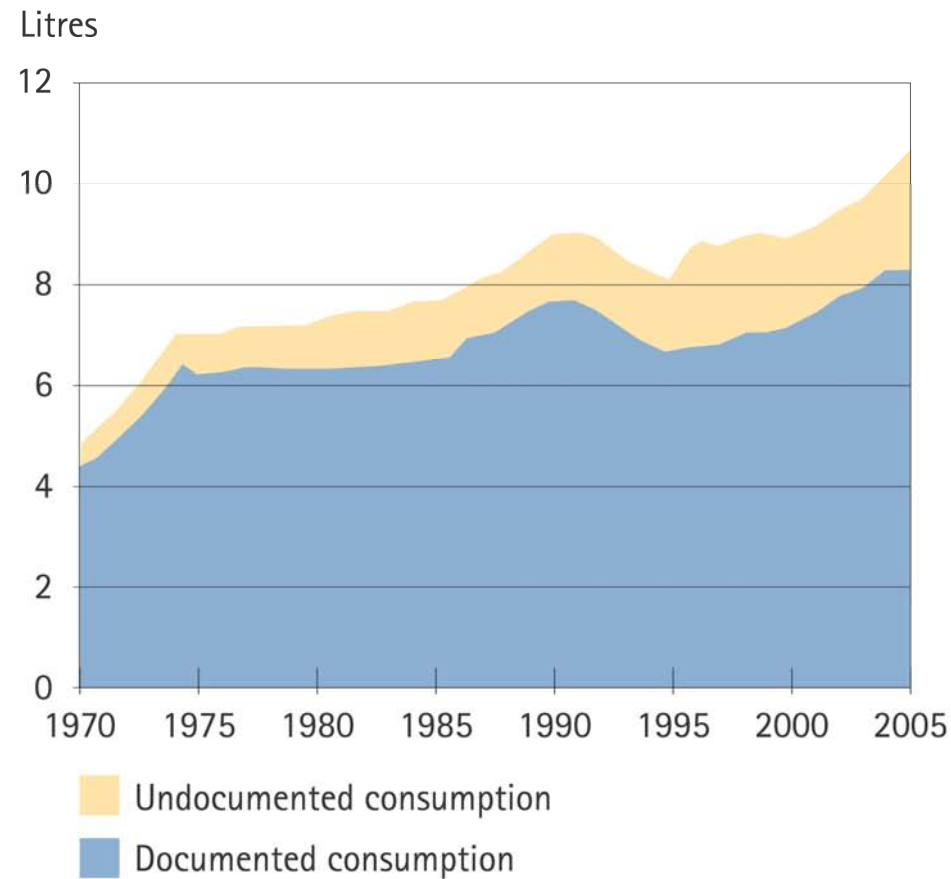
(source: Helakorpi et al. 2005)

<sup>1</sup> Level of education classified into tertiles according to years of education for each birth cohort.



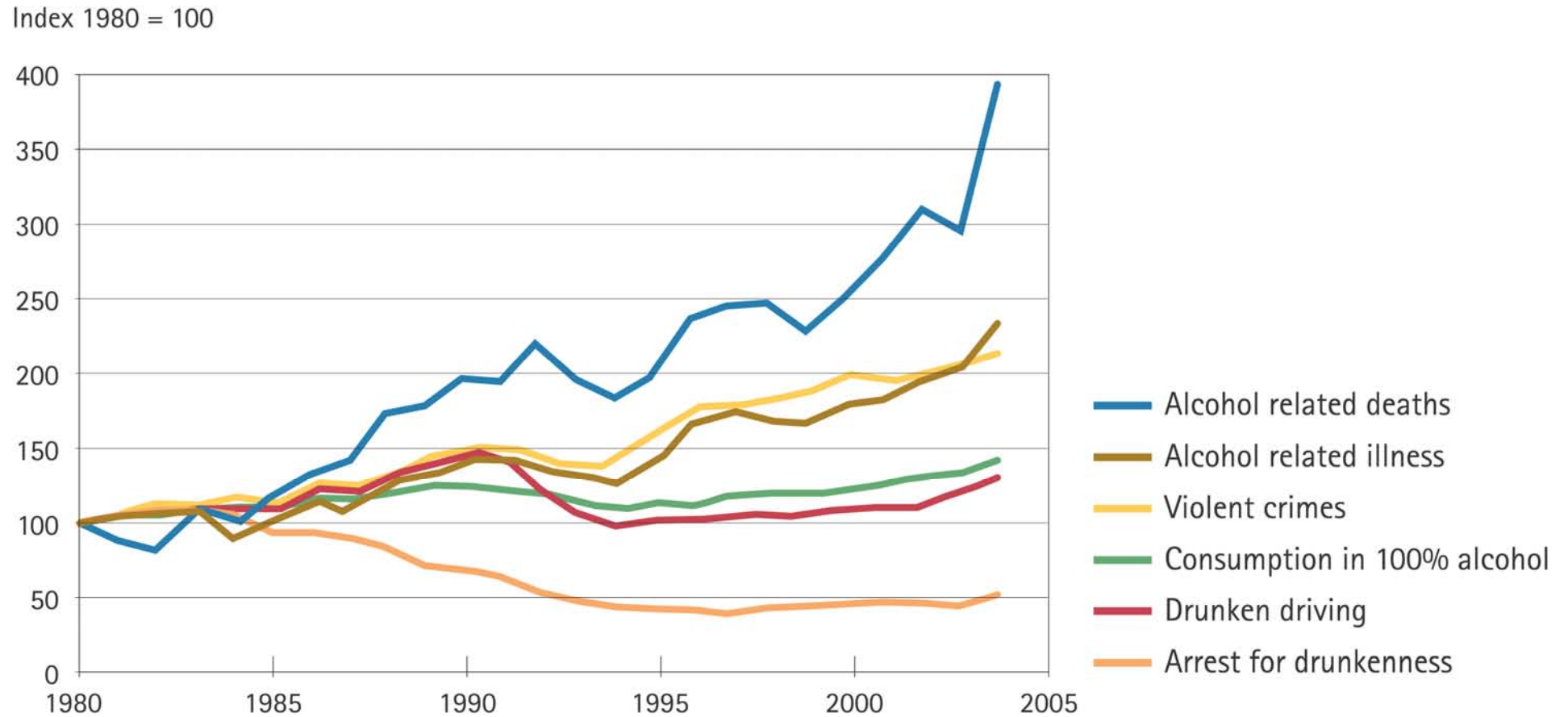
**Figure 11.** Per capita alcohol consumption in Finland in 1970–2005, 100% alcohol.

(source: Stakes)



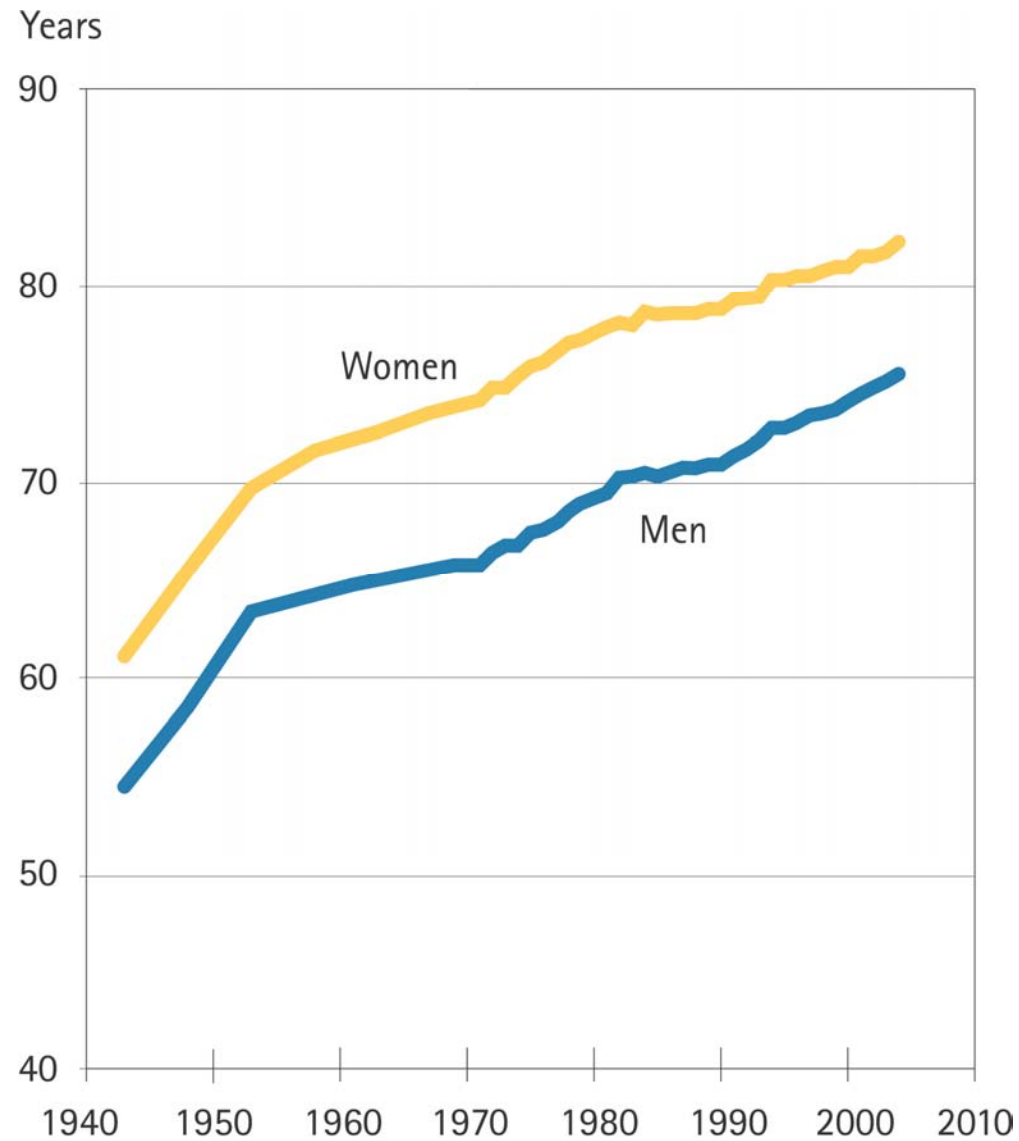
**Figure 12.** Alcohol consumption and alcohol-related harm in 1980–2004.

(source: Stakes)



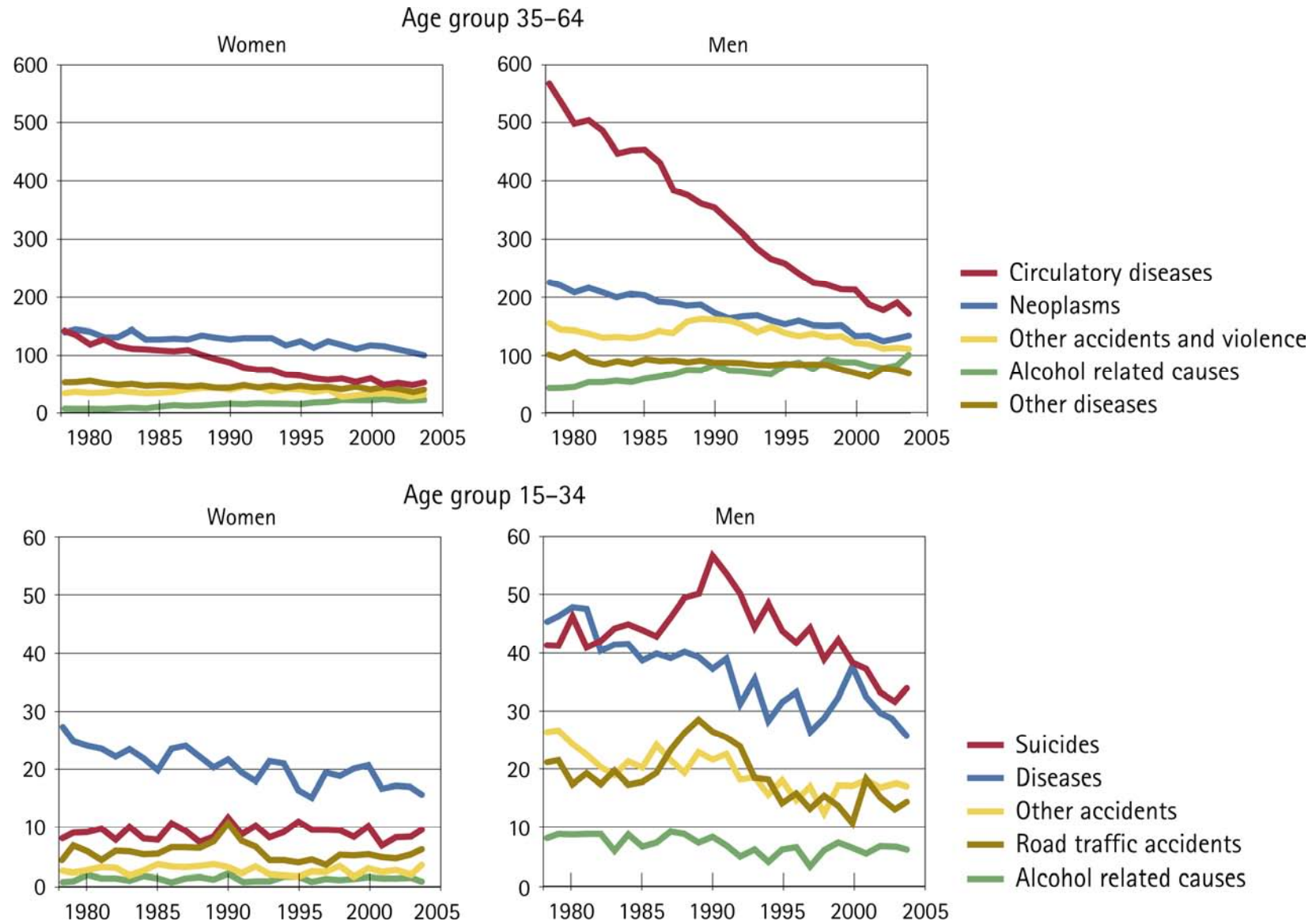
**Figure 13.** Life expectancy at birth in Finland in 1941–2004.

(source: Statistics Finland)



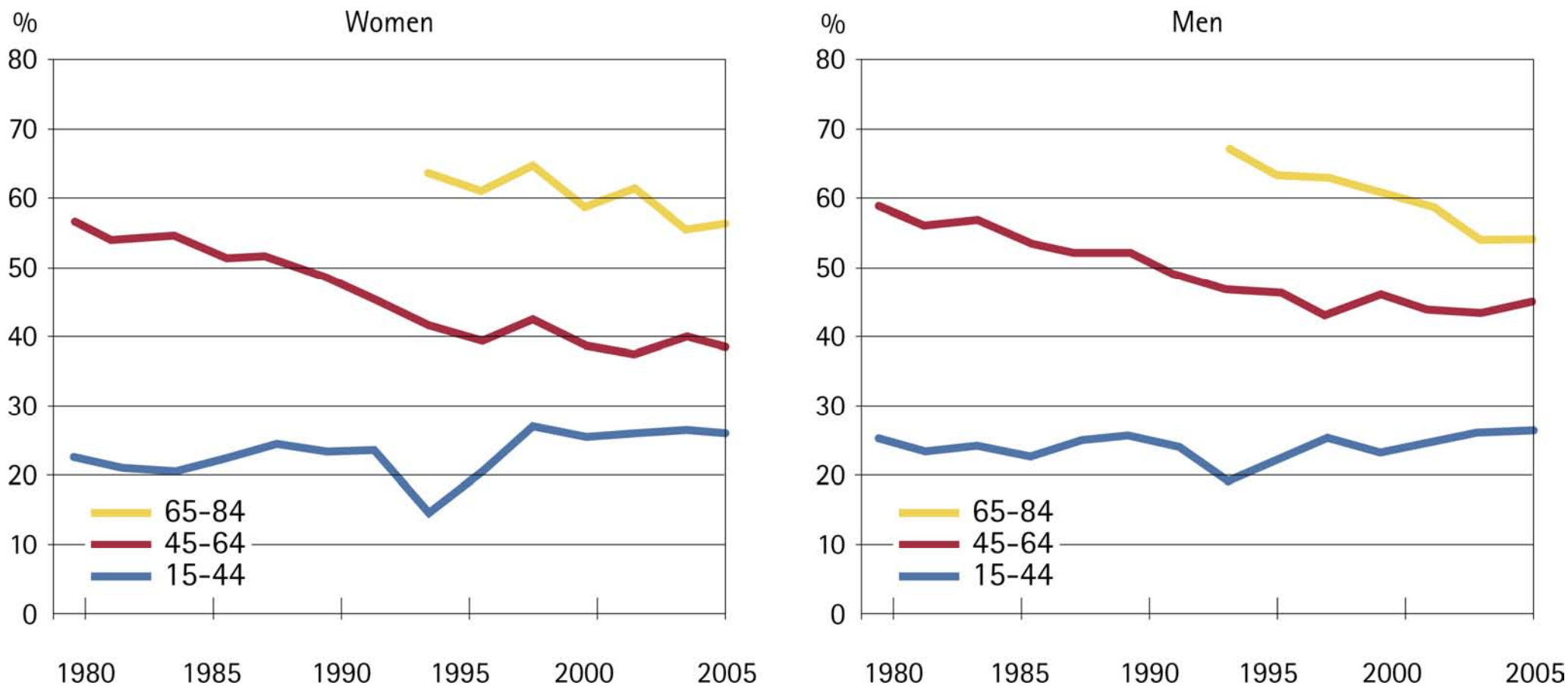
**Figure 14.** Age-standardised mortality (per 100,000) by cause of death in 1978–2004, age groups 35–64 and 15–34.

(source: Statistics Finland)



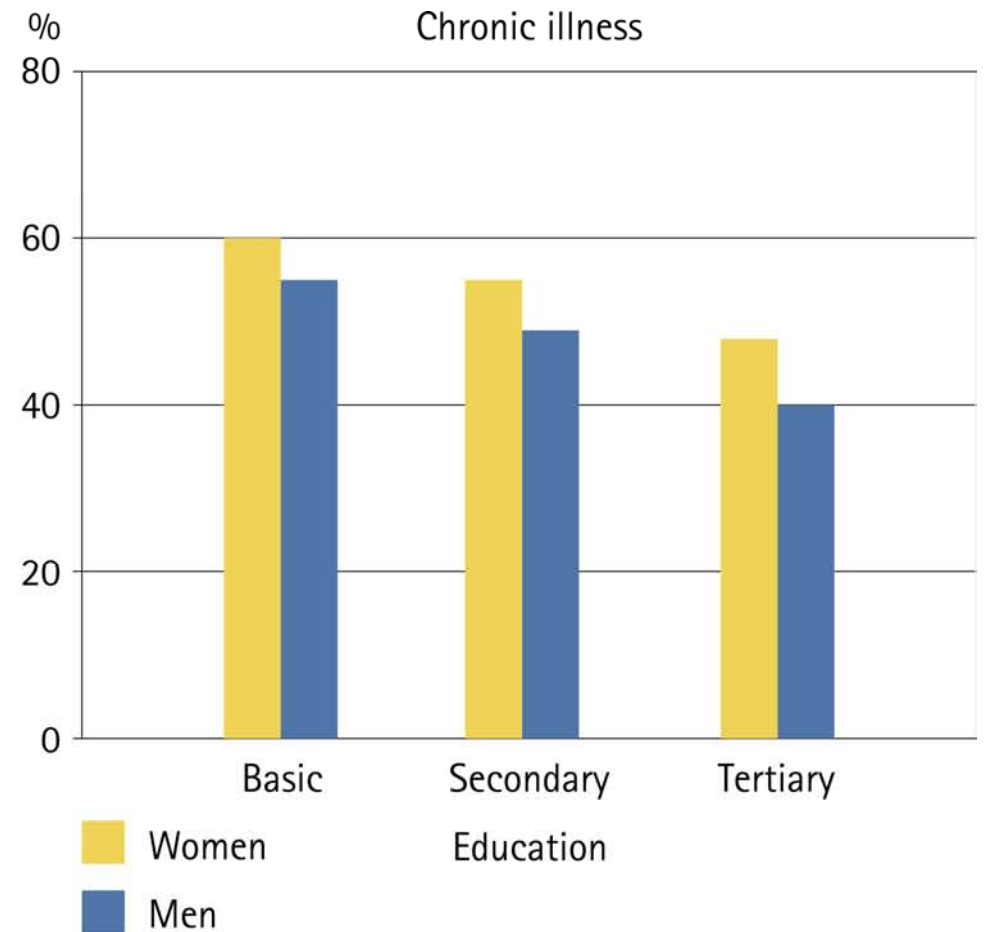
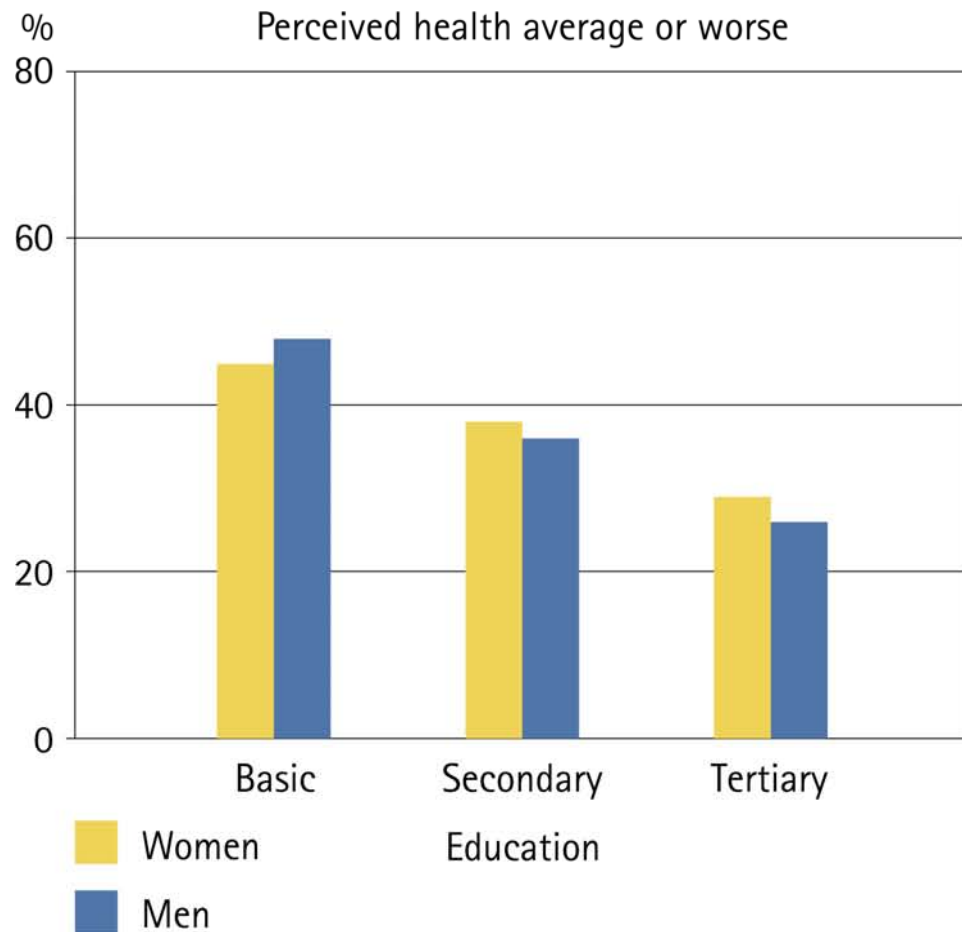
**Figure 15.** Proportion of people reporting average or worse health in the population aged 15–84 years in 1979–2005.

(source: National Public Health Institute)



**Figure 16.** The health of the adult population by level of education in 2000–2001; age-standardised percentages.

(source: Aromaa and Koskinen 2004)

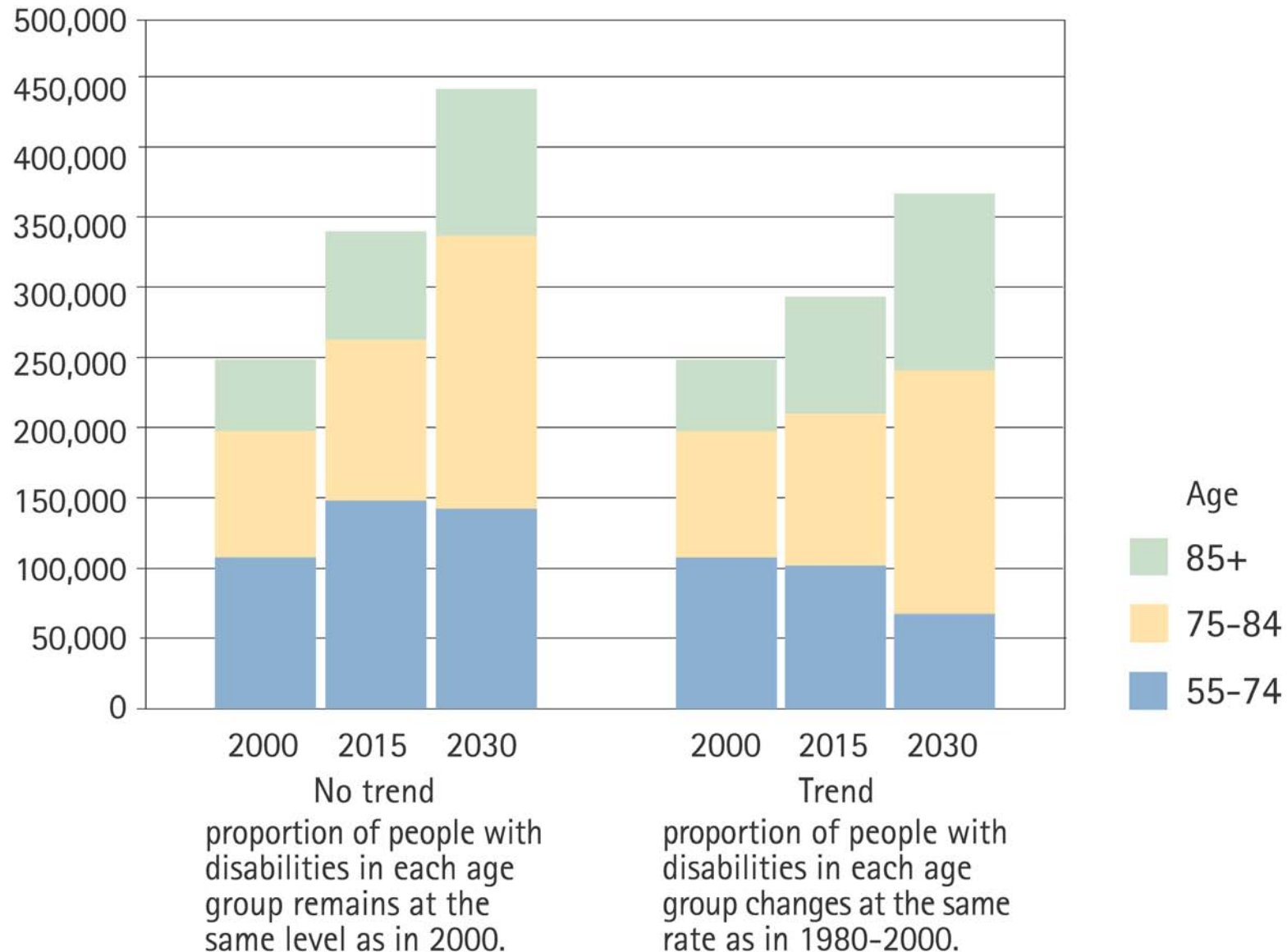




**Figure 17.** Number of persons experiencing difficulty with basic activities of daily living<sup>1</sup> by age in 2000, and forecasts for 2015 and 2030

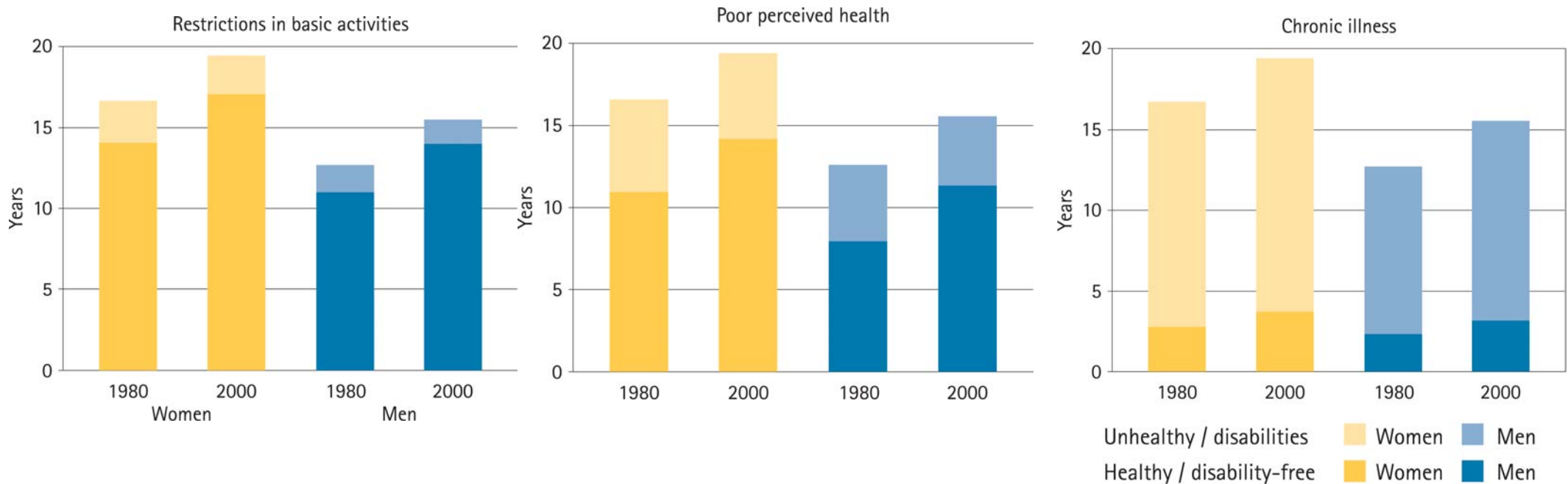
(source: Martelin et al. 2004)

<sup>1</sup> dressing, going to bed and moving in the house



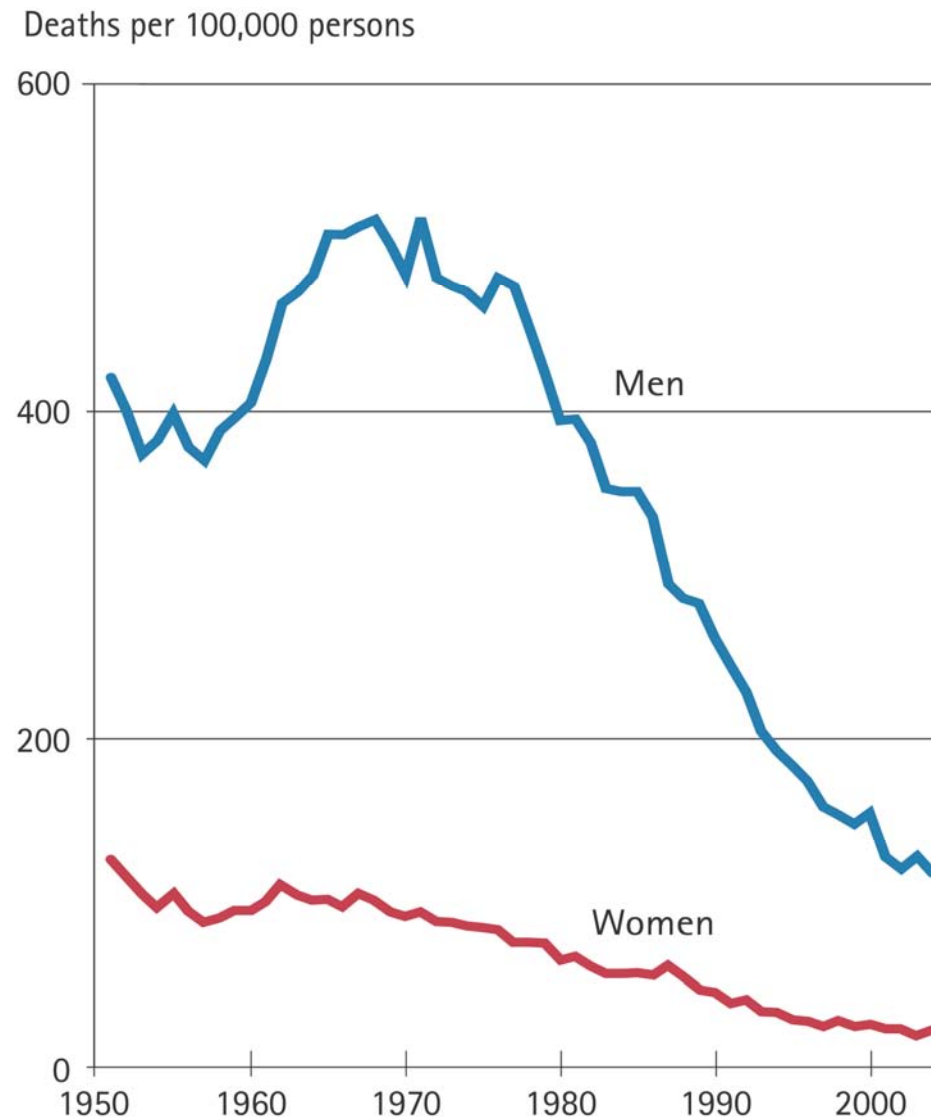
**Figure 18.** Breakdown of the life expectancy of a 65-year-old man and woman between healthy and unhealthy years of life according to managing with basic activities of daily living, self-perceived health and chronic illness in 1980 and 2000

(source: Sihvonen et al. 2003).



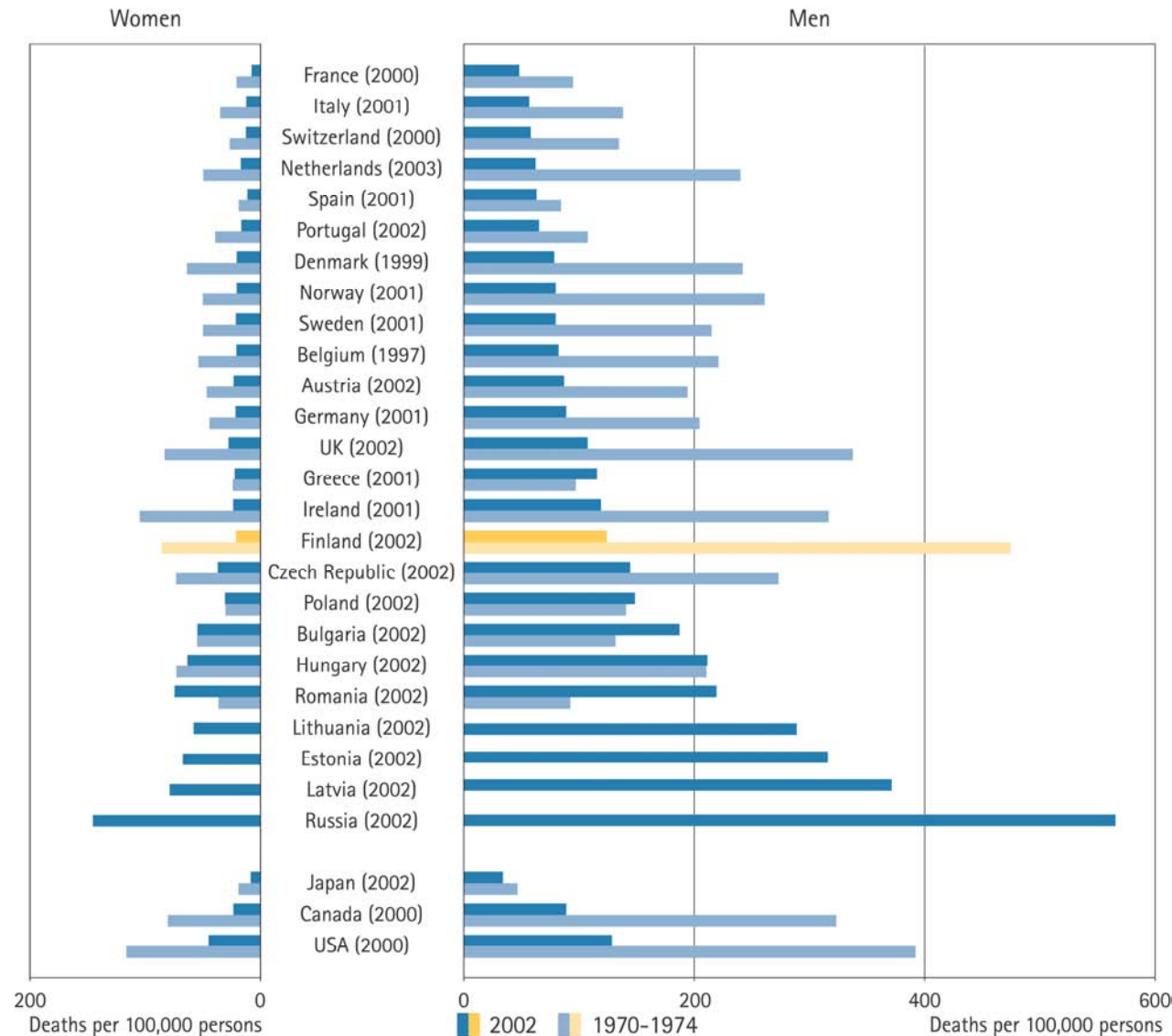
**Figure 19.** Age-standardised mortality from CHD in 1951–2004, population aged 35-64.

(source: Statistics Finland)



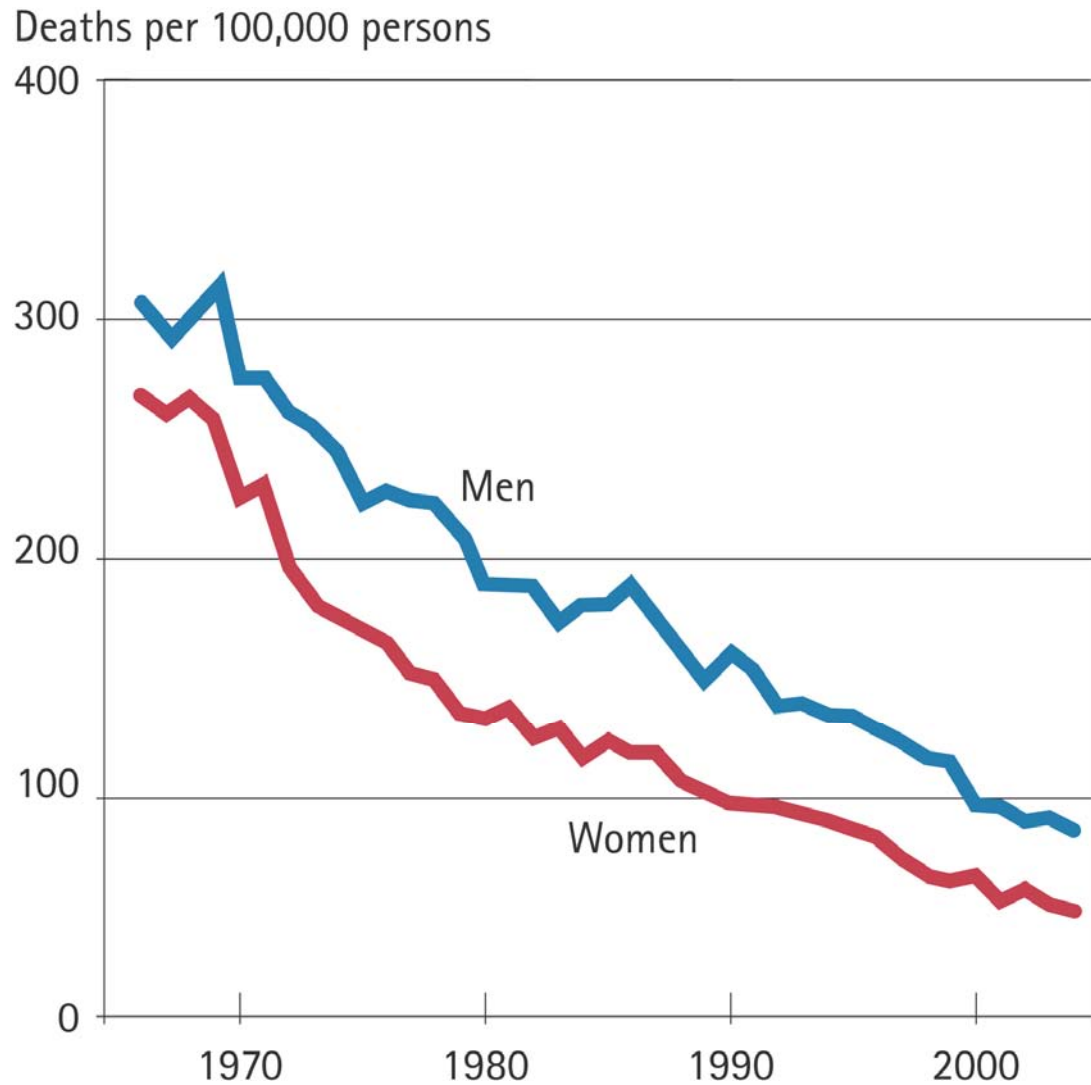
**Figure 20.** Age-standardised mortality from coronary heart disease in selected countries in 1970–1974 and 2002, population aged 35–64.

(sources: World Health Statistics Annual 1988 and WHO database).



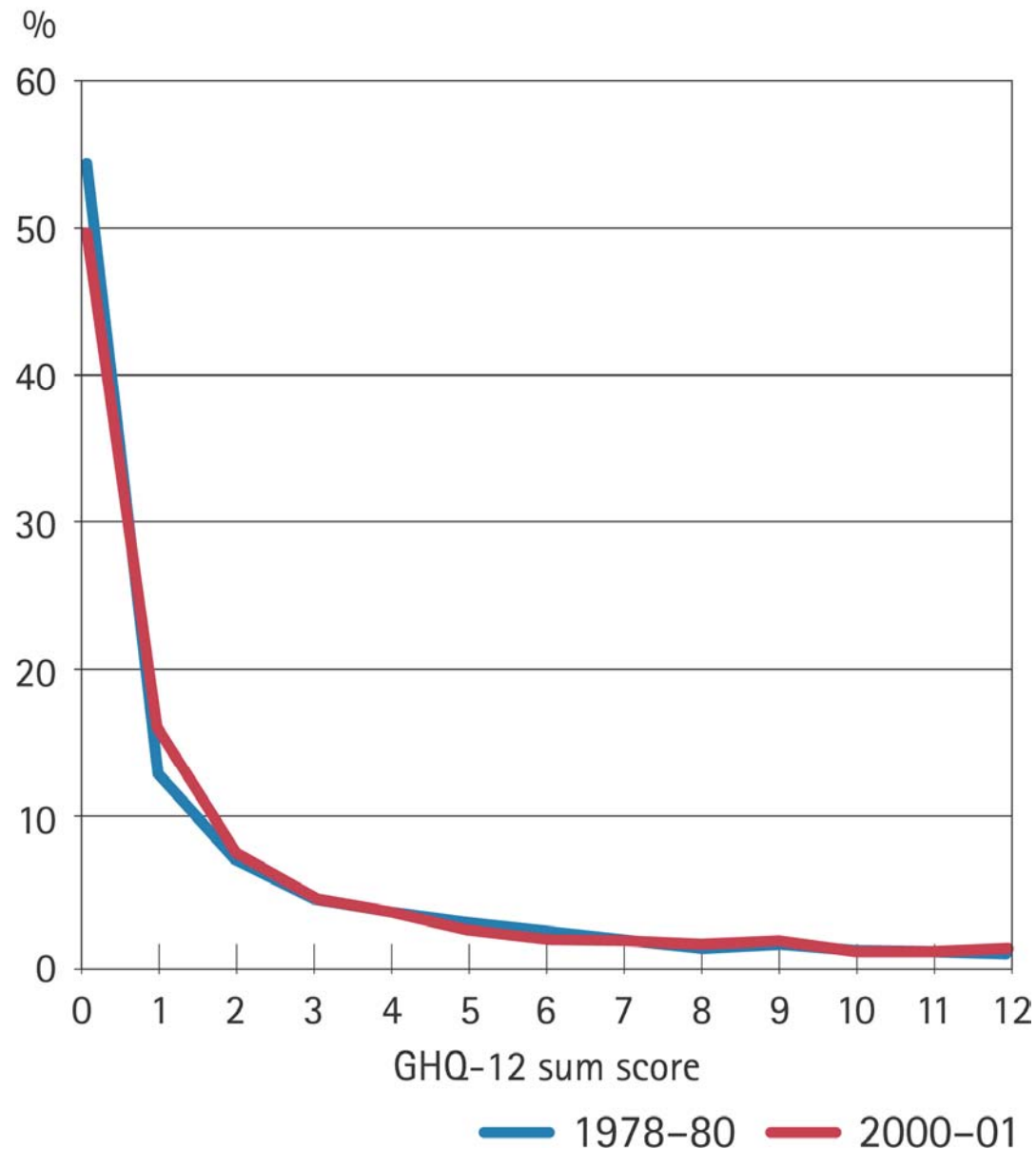
**Figure 21.** Age-standardised mortality from cerebrovascular disorders in 1966–2004, population aged 45–74.

(source: Statistics Finland)



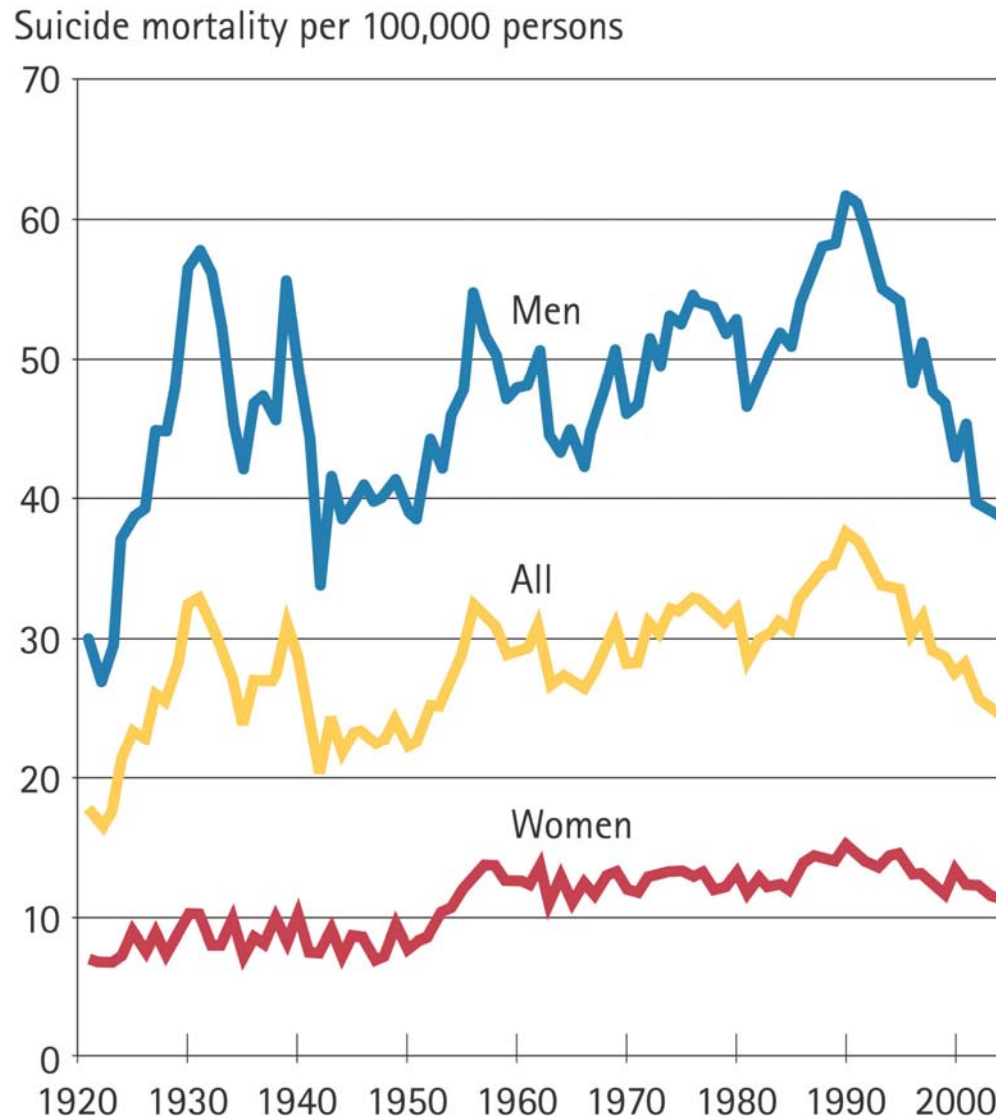
**Figure 22.** Perceived psychological well-being according to the GHQ-12 measure in 1978–80 and 2000–01.

(source: Aromaa and Koskinen 2004)



**Figure 23.** Suicide mortality per 100,000 population in Finland in 1921–2004.

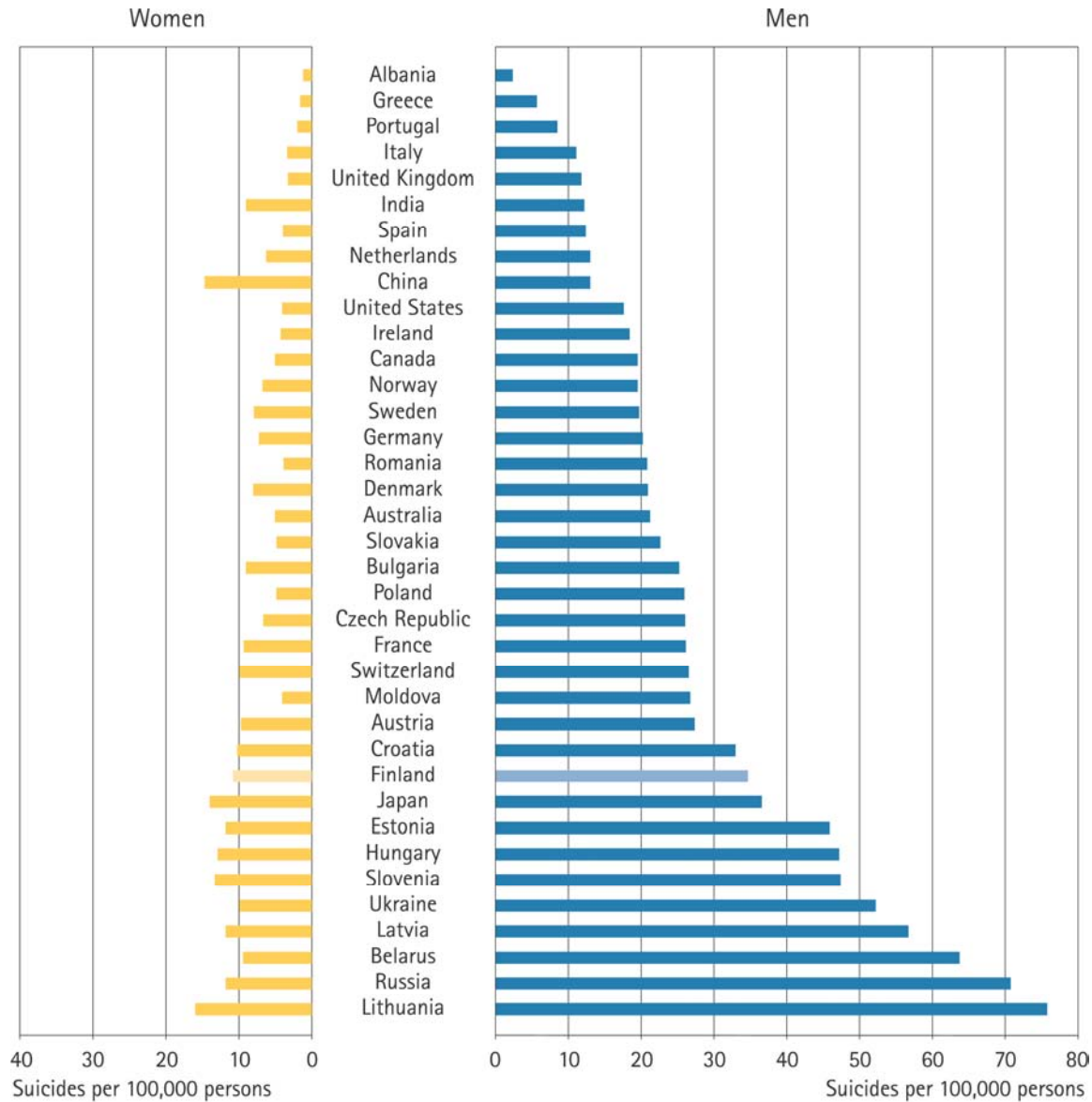
(source: Statistics Finland)



**Figure 24.** Suicide rates per 100,000 population in selected countries in 2000<sup>1</sup>.

(source: WHO)

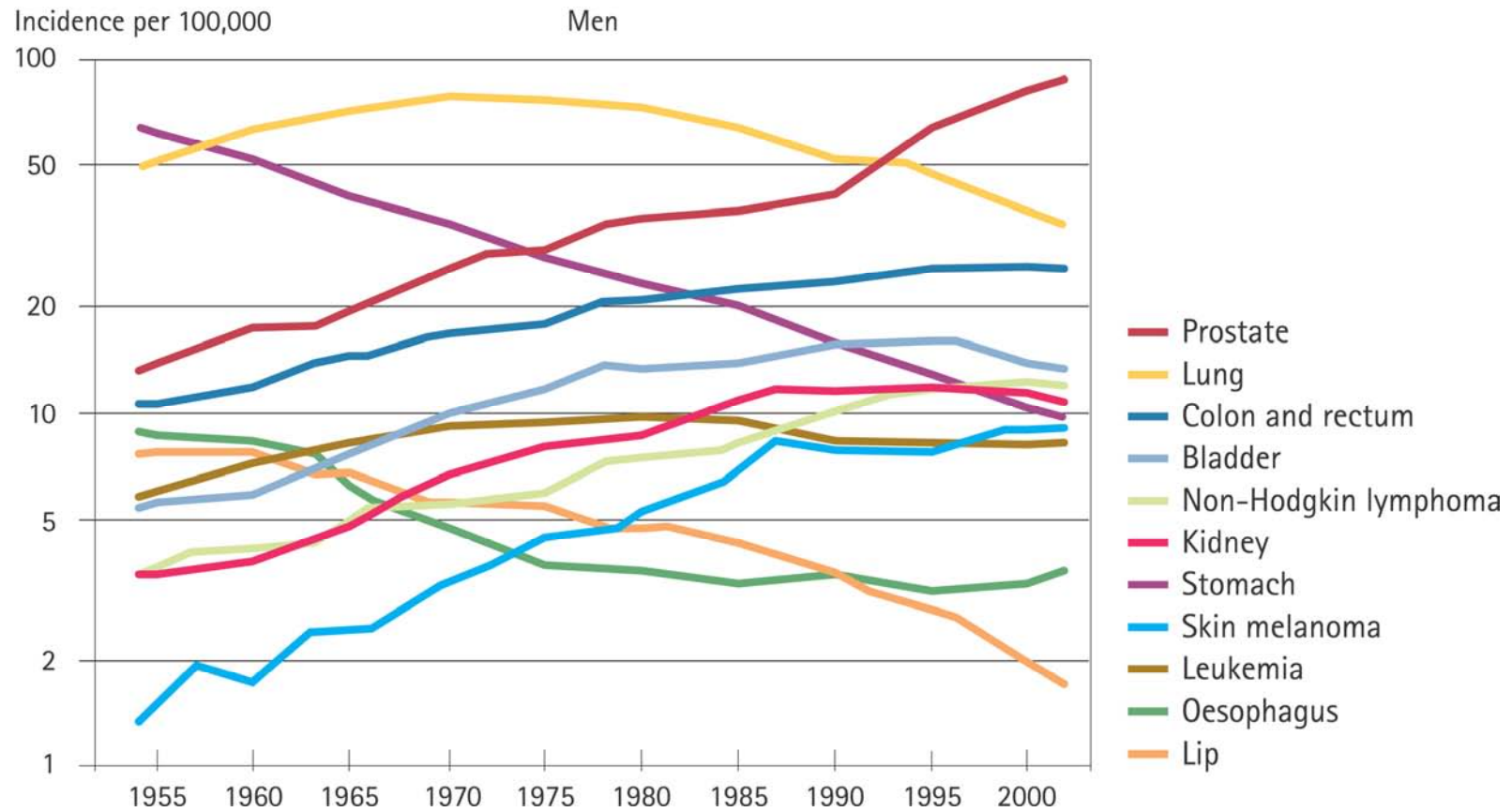
<sup>1</sup> Latest data from 1998–2001





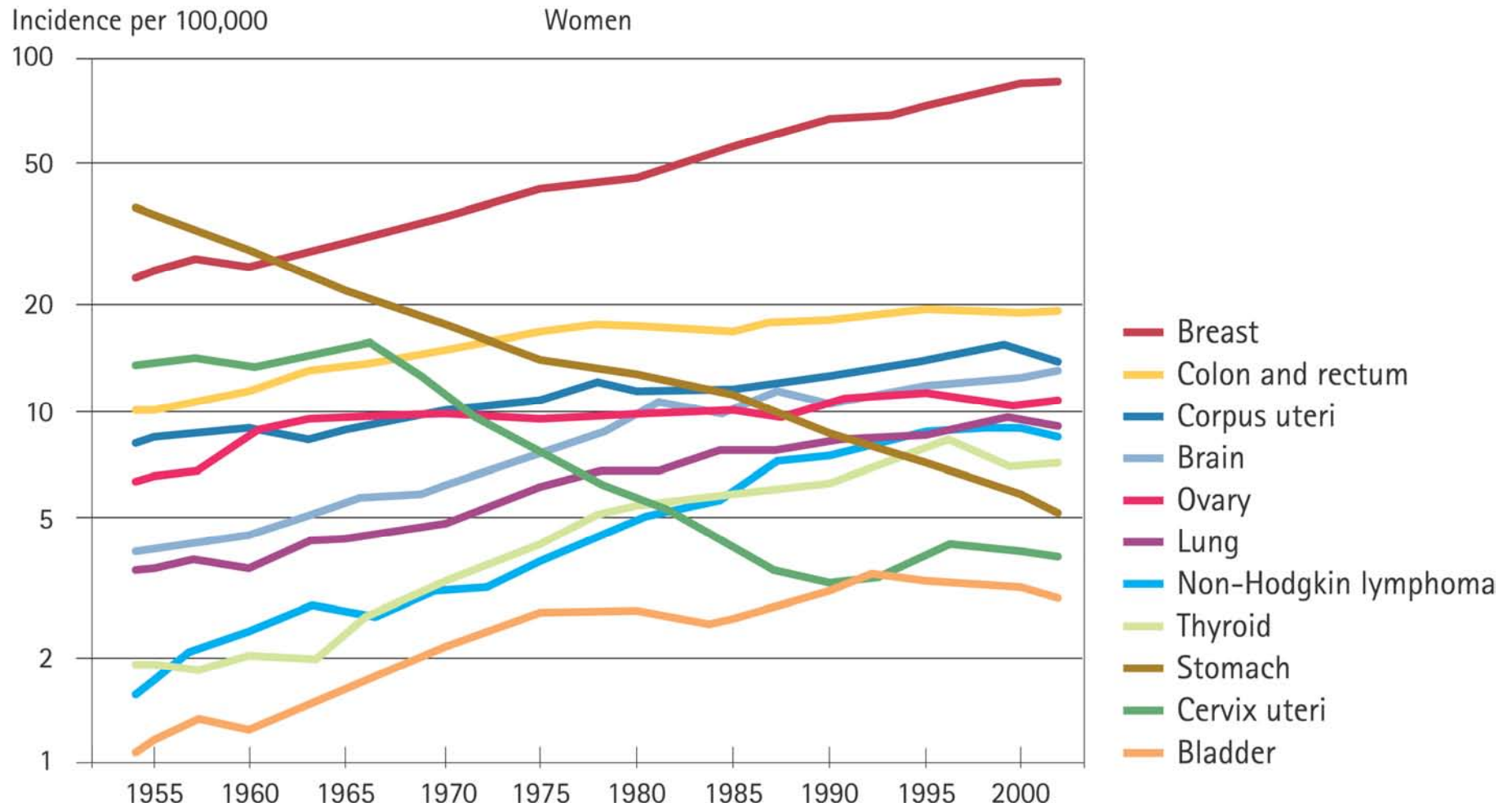
**Figure 25.** Age-standardised cancer incidence among Finnish men in 1954–2003.

(source: Finnish Cancer Registry).



**Figure 26.** Age-standardised cancer incidence among Finnish women in 1954–2003.

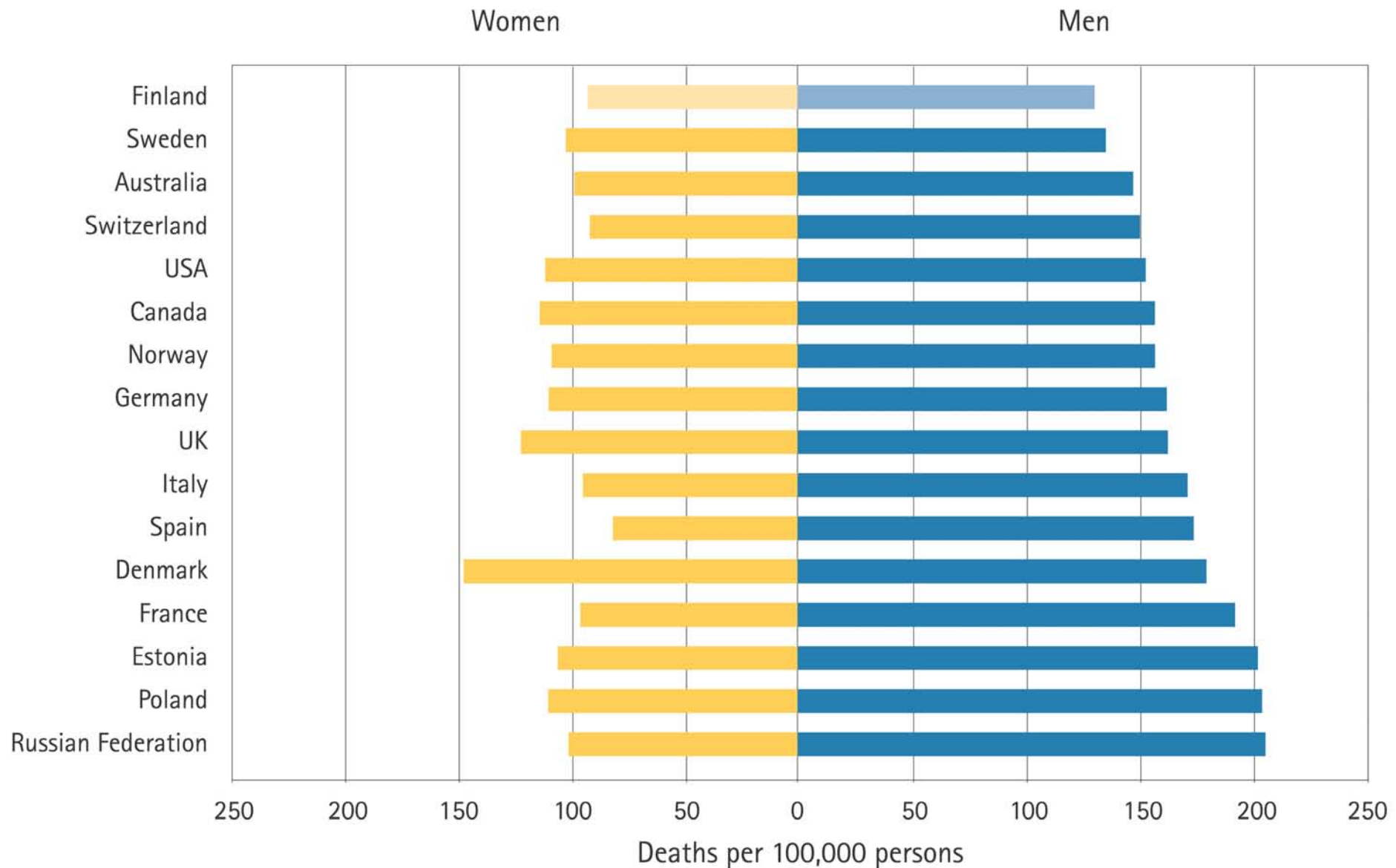
(source: Finnish Cancer Registry).



**Figure 27.** Age-standardised cancer<sup>1</sup> mortality in selected countries, 2002 estimates.

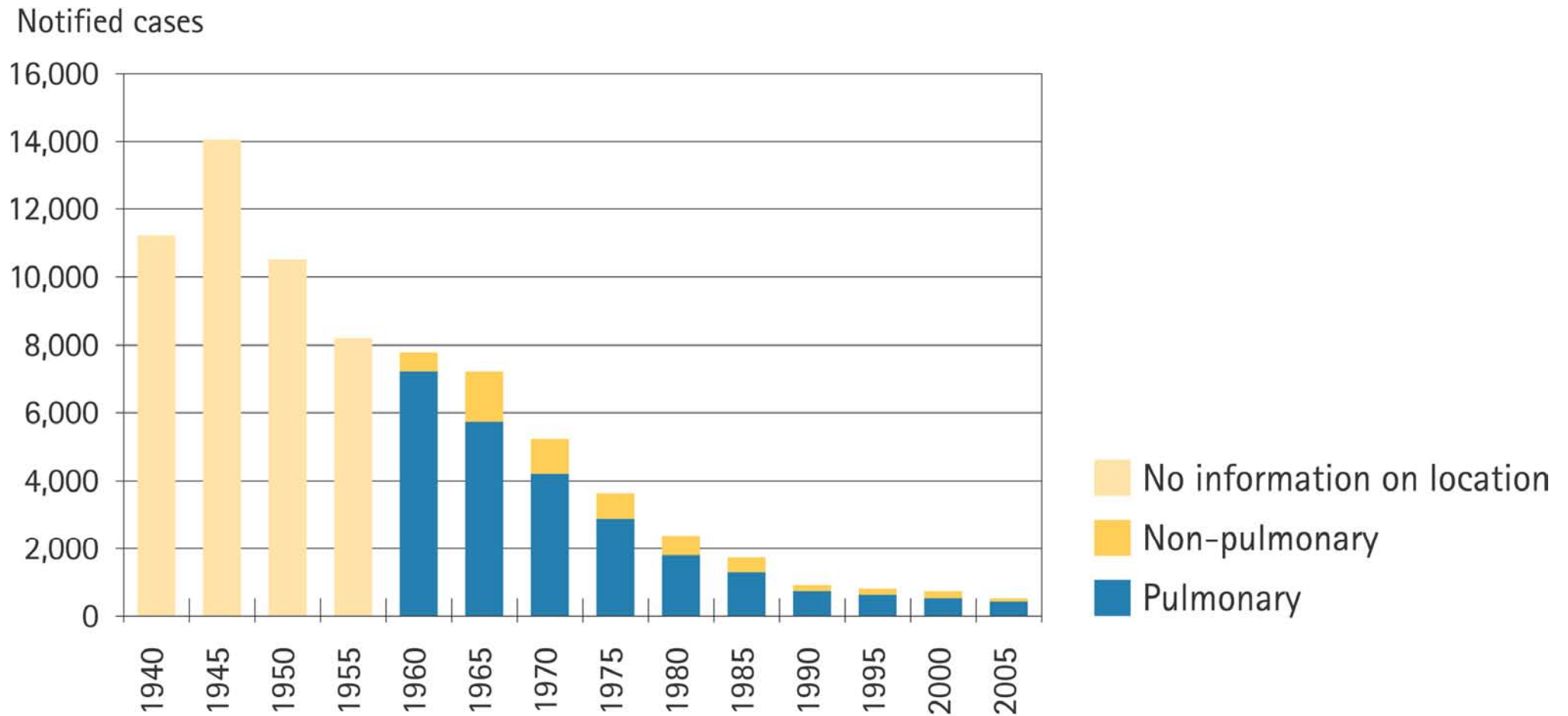
(source: Globocan 2002, IARC).

<sup>1</sup> All sites but skin



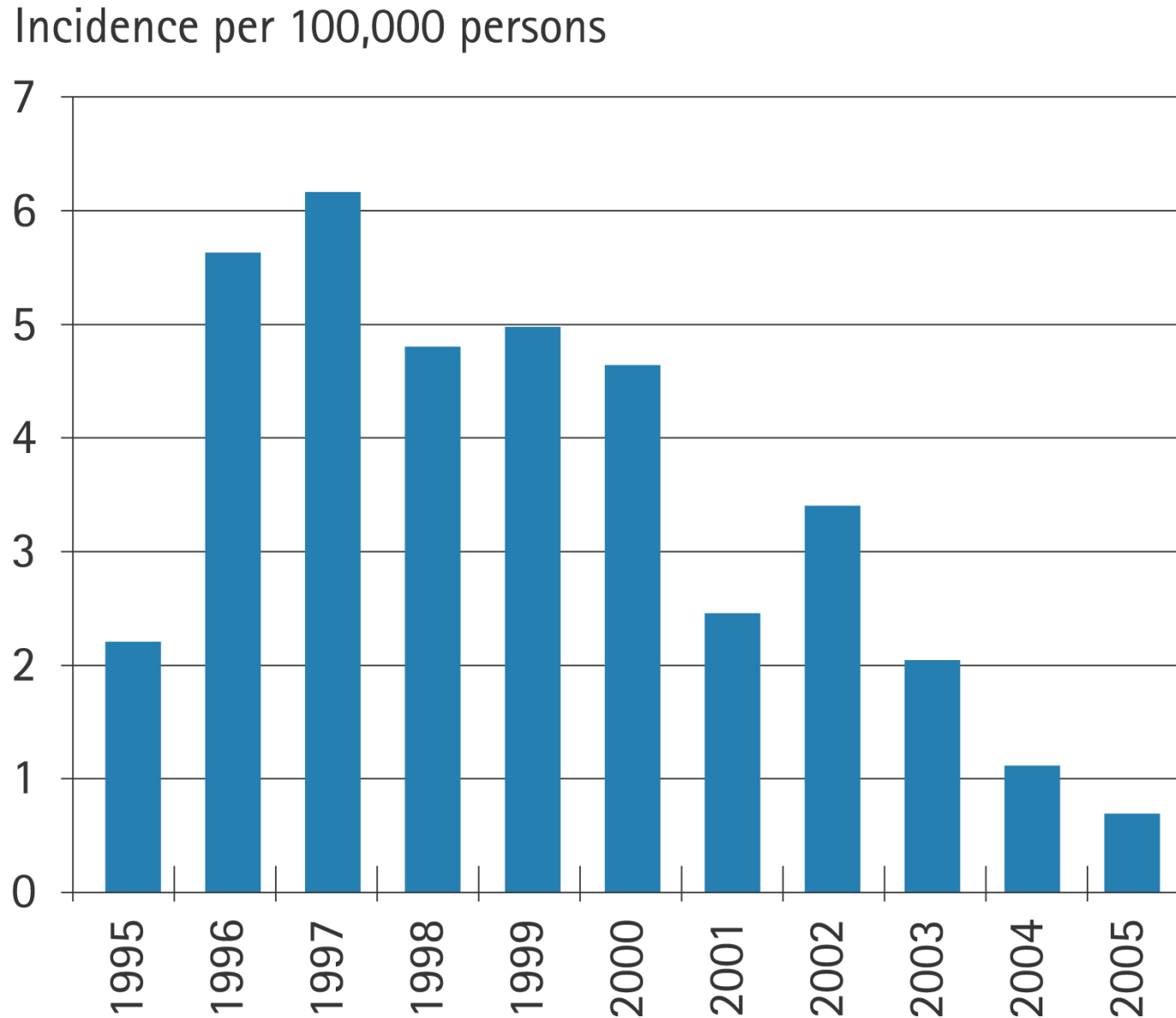
**Figure 28.** New cases of tuberculosis diagnosed in 1940–2005.

(source: National Public Health Institute).



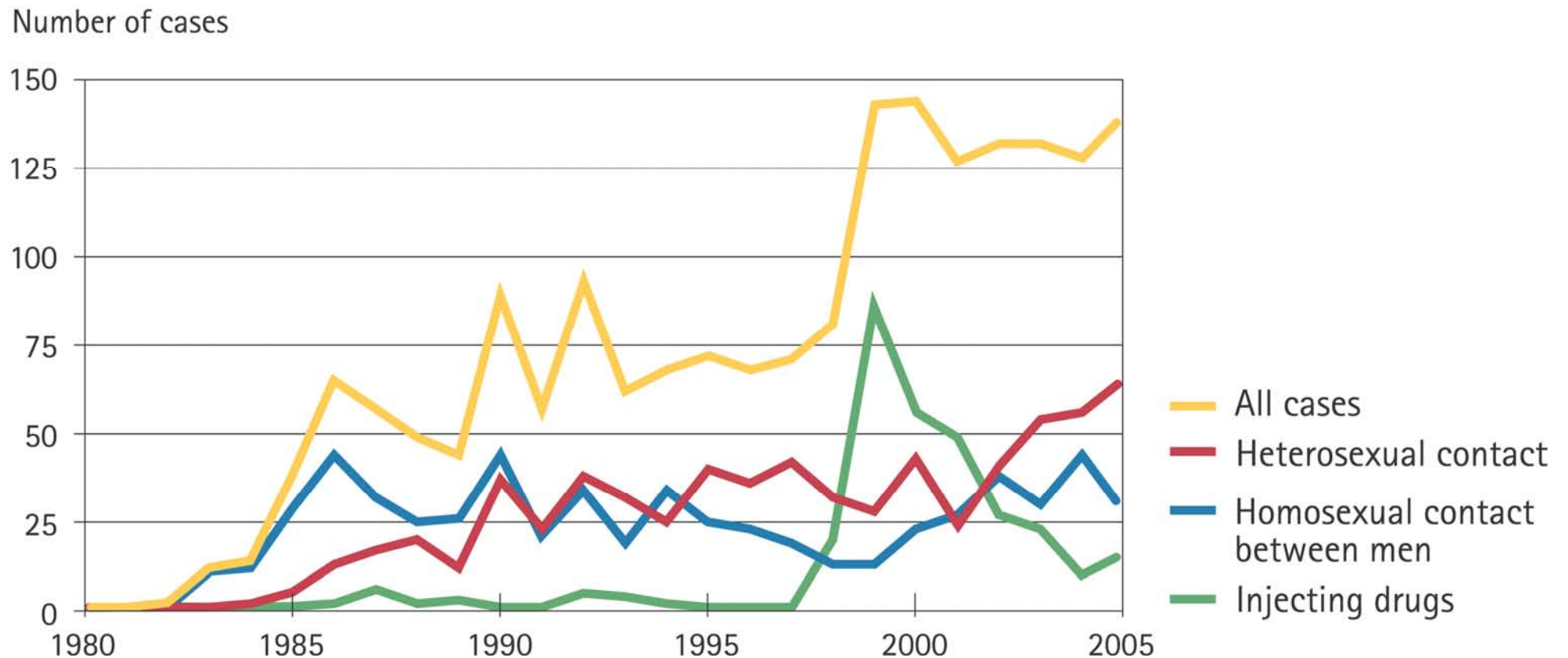
**Figure 29.** Incidence of acute hepatitis B diagnosed in 1995–2005.

(source: National Public Health Institute)



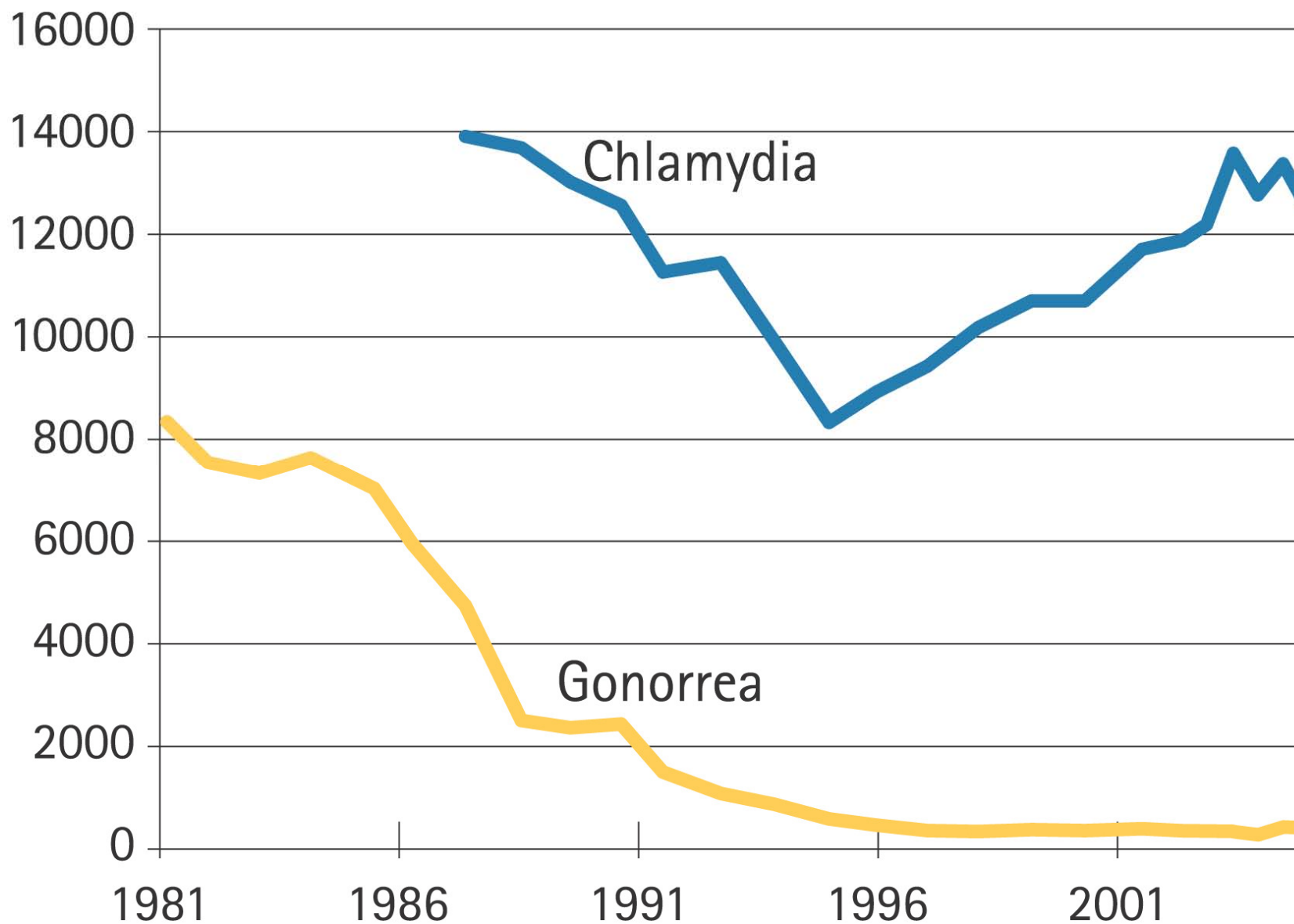
**Figure 30.** Reported HIV infections in 1980–2005, all cases and the major transmission categories.

(source: National Public Health Institute)

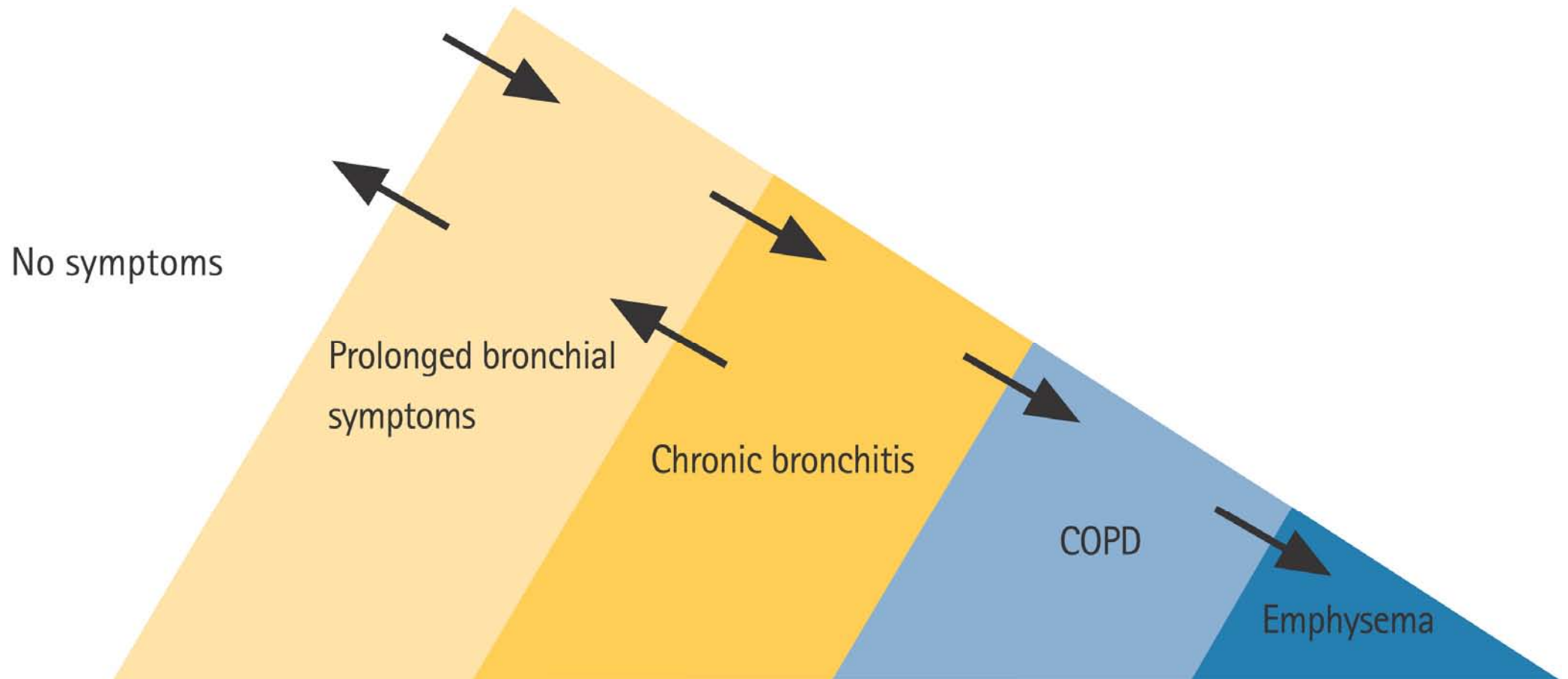


**Figure 31.** Reported cases of chlamydia and gonorrhoea in 1981–2005.

(source: National Public Health Institute).



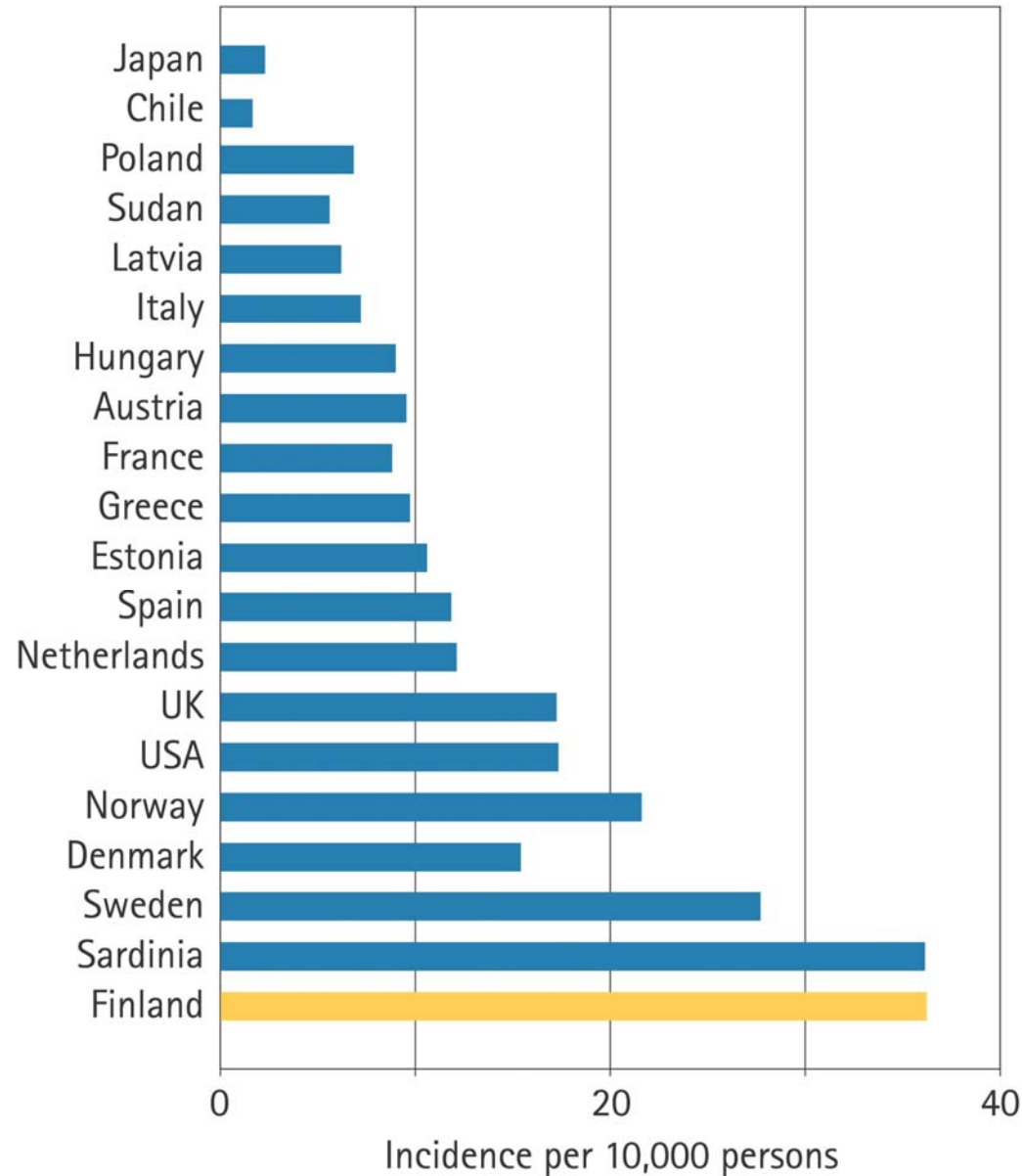
**Figure 32.** Course of chronic obstructive pulmonary disease.





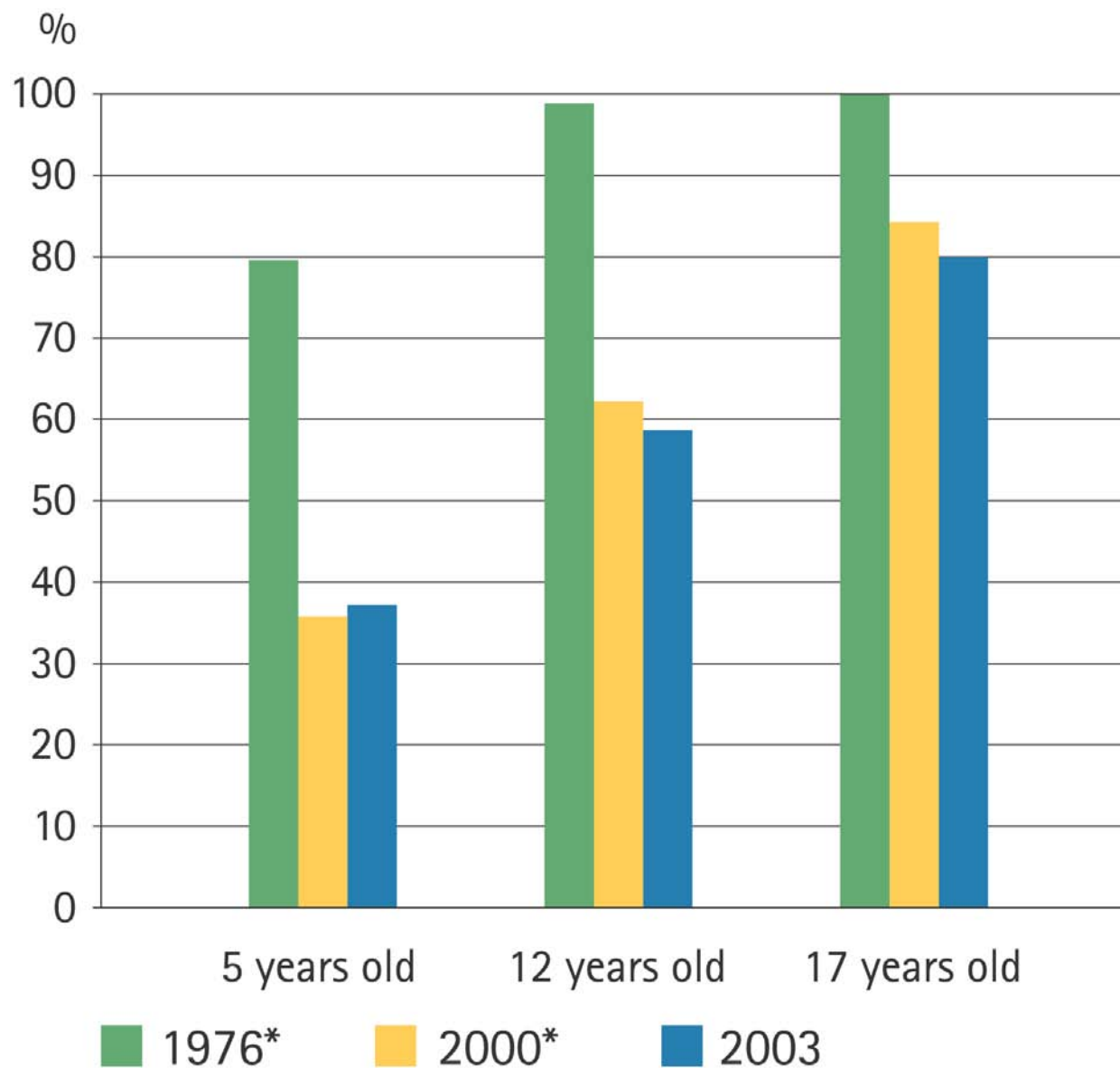
**Figure 33.** Age-standardised annual incidence of insulin-dependent diabetes in children under 15 in selected countries in the 1990s.

(source: Karvonen et al. 2000)



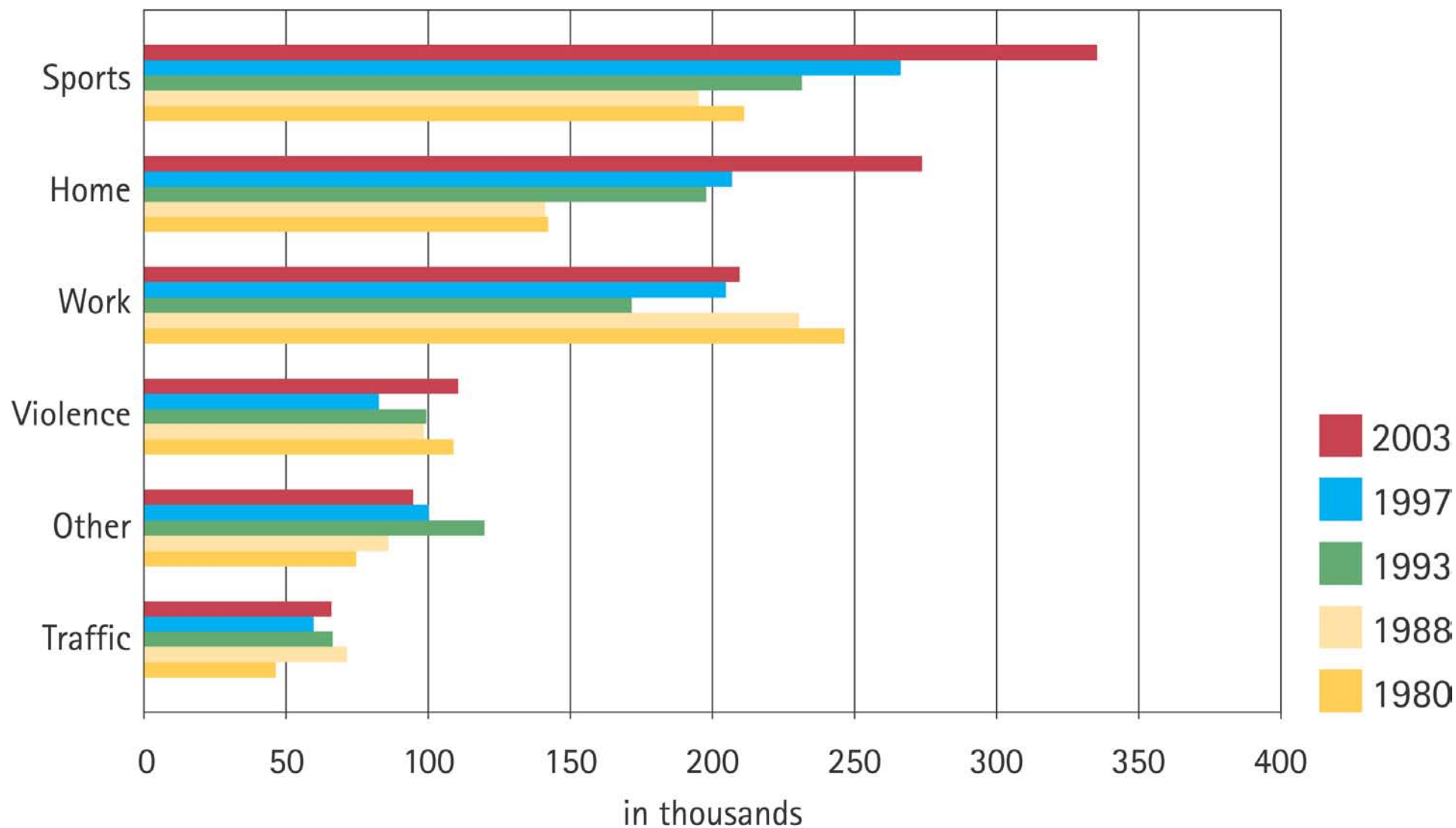
**Figure 34.** Proportion (%) of children with caries experience (DMF>0) in 1976, 2000 and 2003.

(sources: Nordblad et al. 2004 and STAKES)  
\*aged 18 in 1976 and 2000



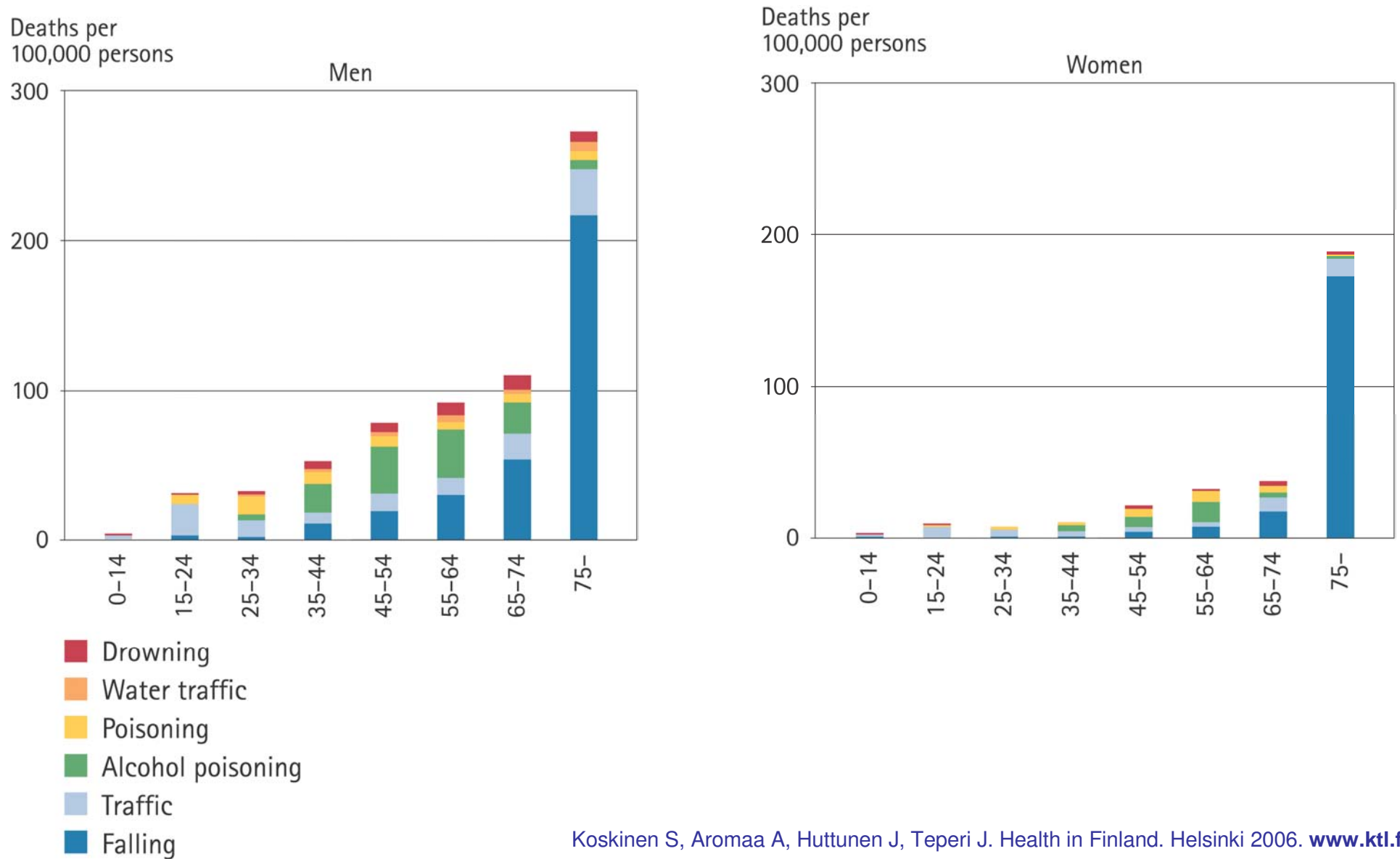
**Figure 35.** Number of unintentional and intentional injuries among Finnish people aged 15–74 in 1980–2003.

(source: Victimization and fear in Finland 2003)



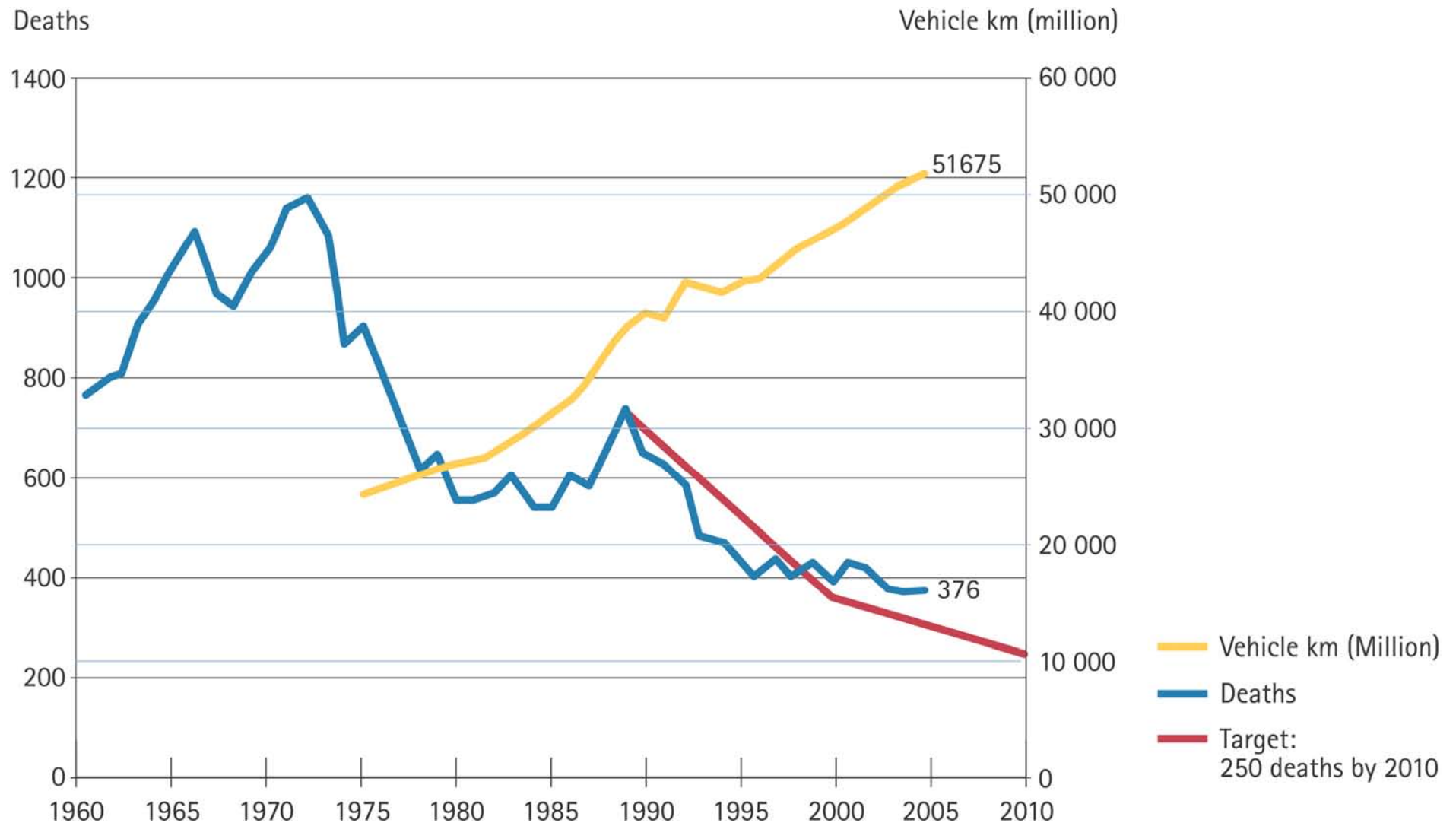
**Figure 36.** Injury mortality in Finland in 2004, by gender and age.

(source: Statistics Finland)



# Figure 37. People killed in road accidents and the traffic safety target.

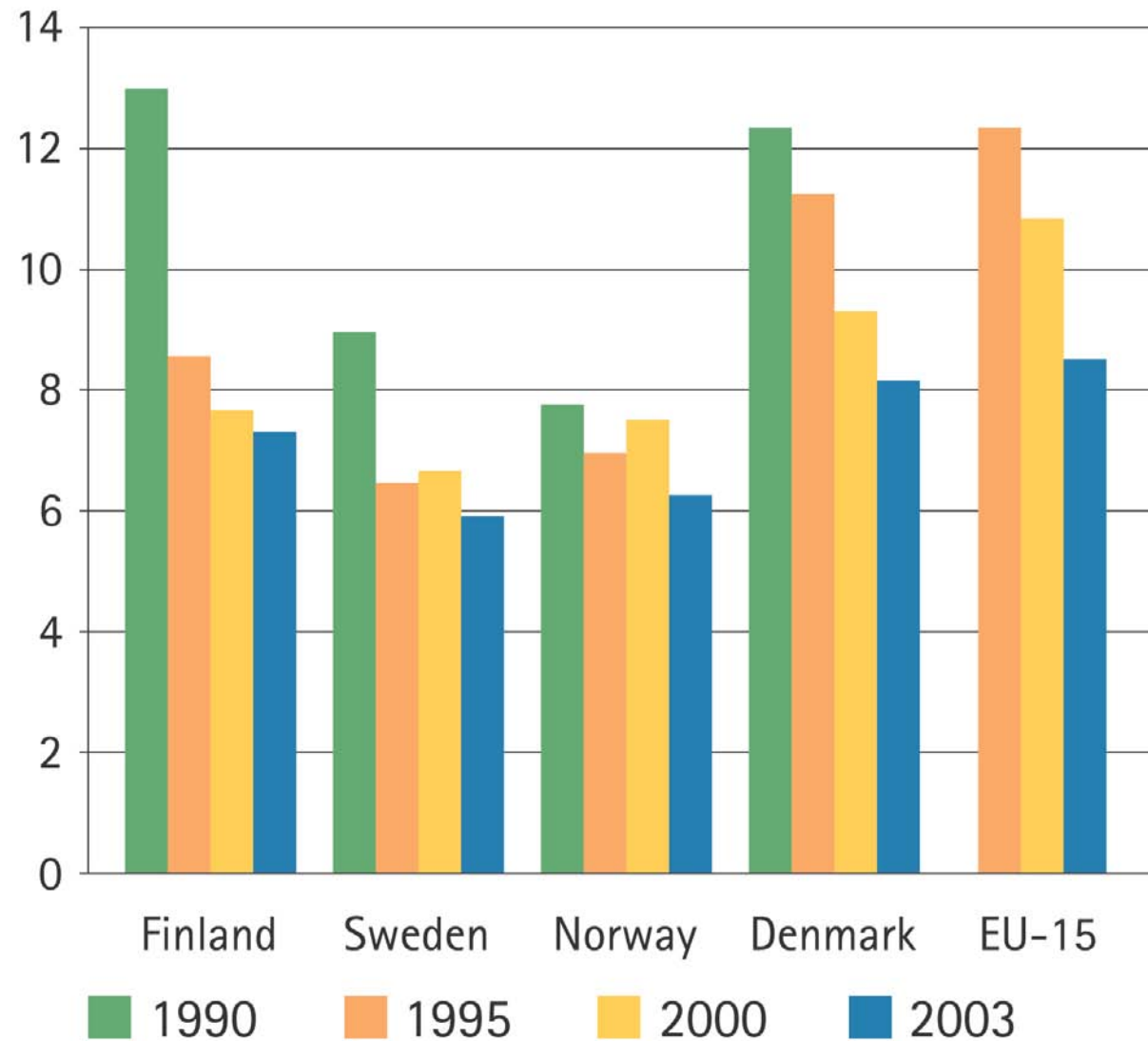
(source: Central Organization for Traffic Safety in Finland)



# Figure 38. People killed in road accidents in the Nordic countries and EU-15.

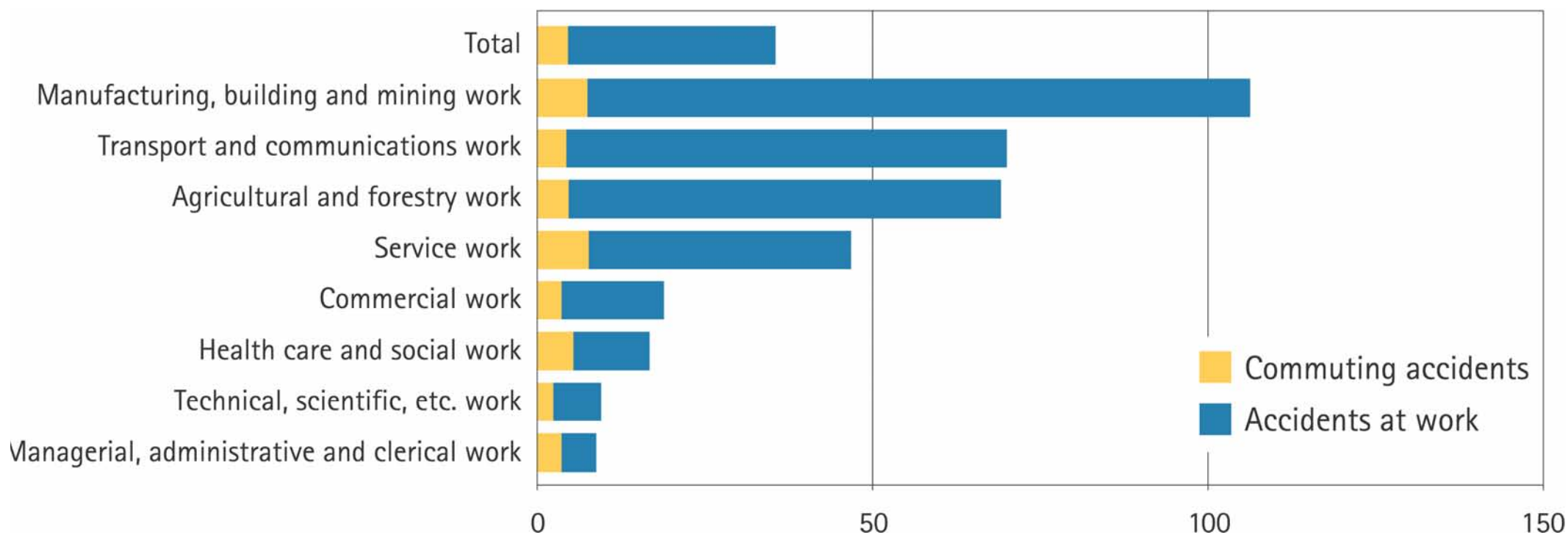
(source: Central Organization for Traffic Safety in Finland)

Deaths per 100,000 population



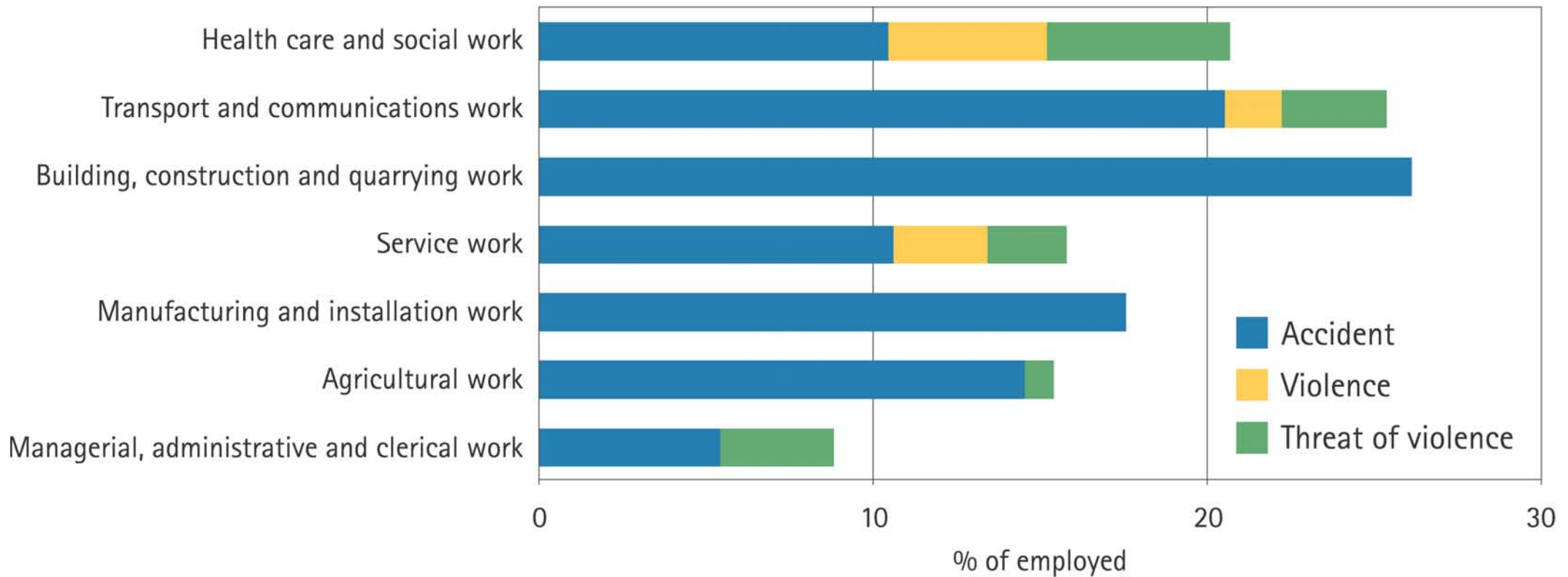
**Figure 39.** Occupational accidents leading to work absences of at least three days per one thousand person-years by occupational category in 2000.

(source: Statistics Finland)



**Figure 40.** Victims of occupational accidents, violence or the threat of violence by occupational category in 2003.

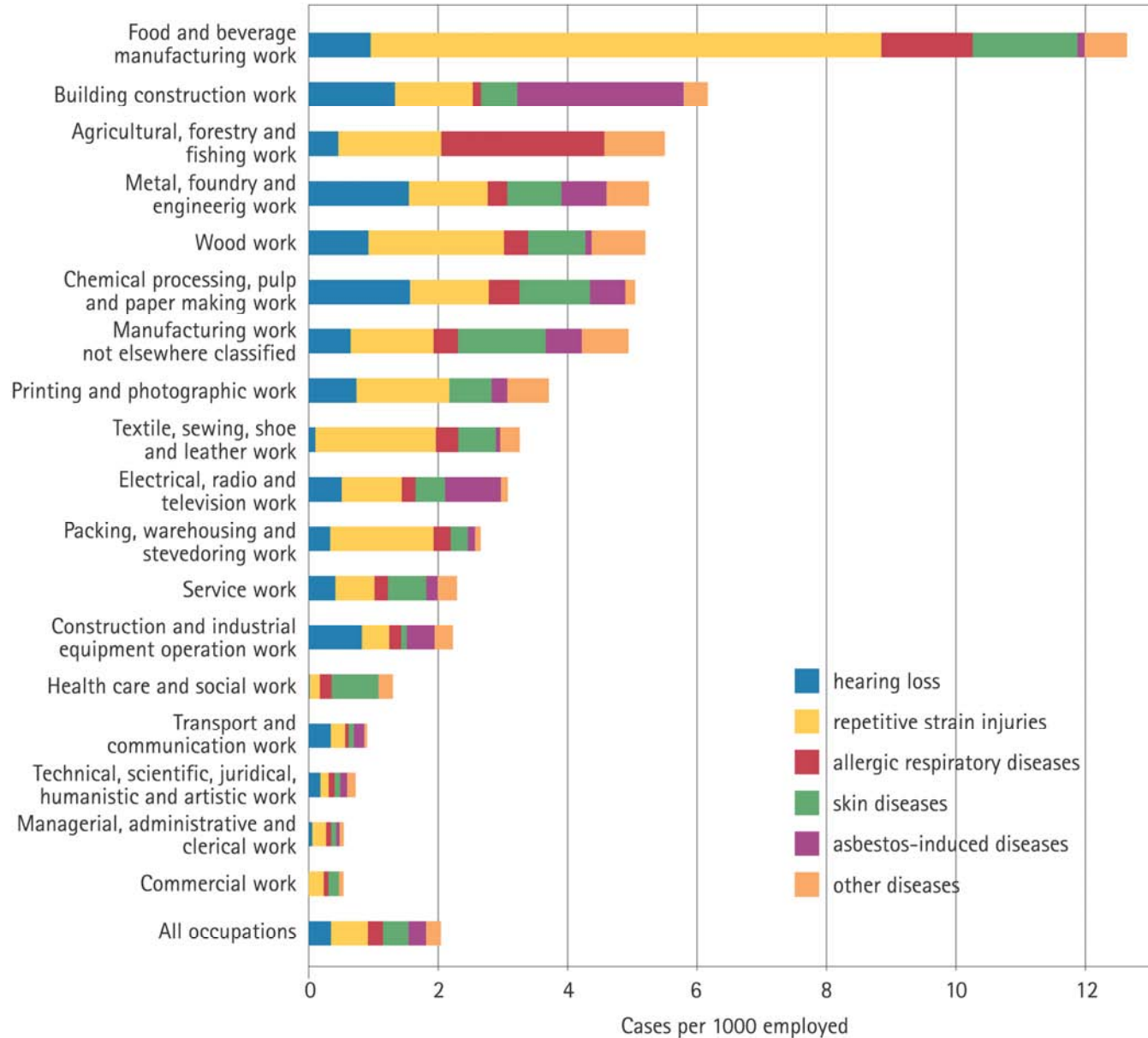
(source: Kauppinen et al. 2004)





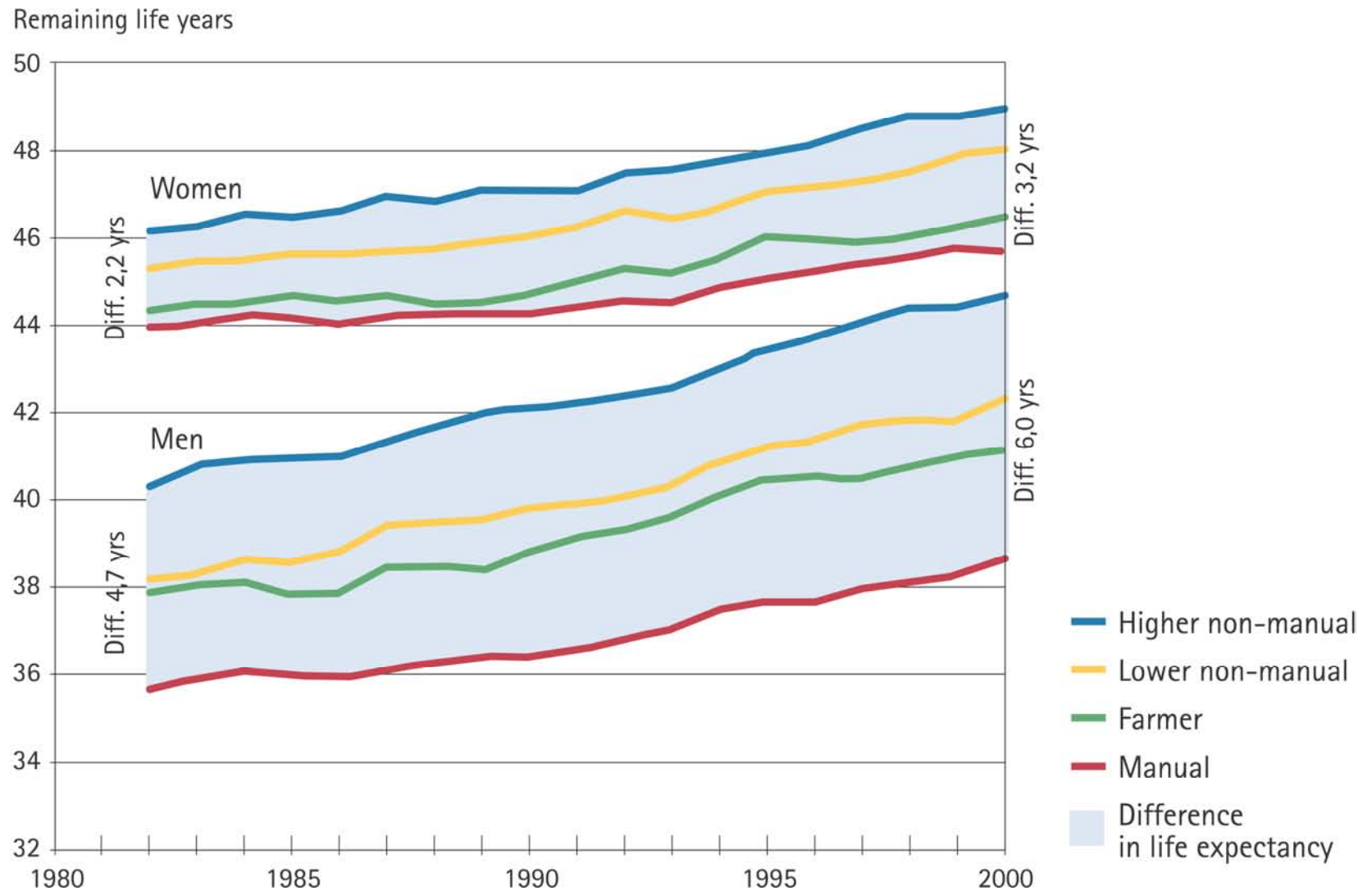
**Figure 41.** Reported work-related diseases in 2002 by occupation and diagnosis.

(source: Riihimäki et al. 2003)



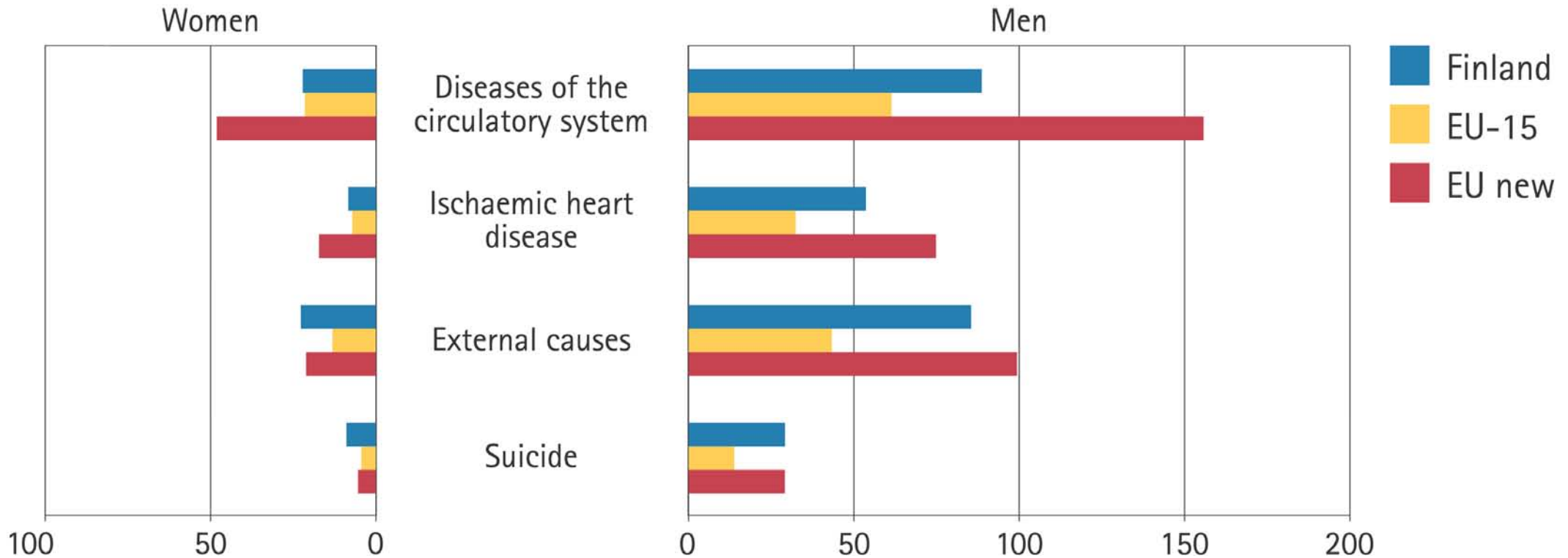
**Figure 42.** Life expectancy of a 35-year-old by social group in 1981–2000.

(Source: Valkonen et al. 2003).



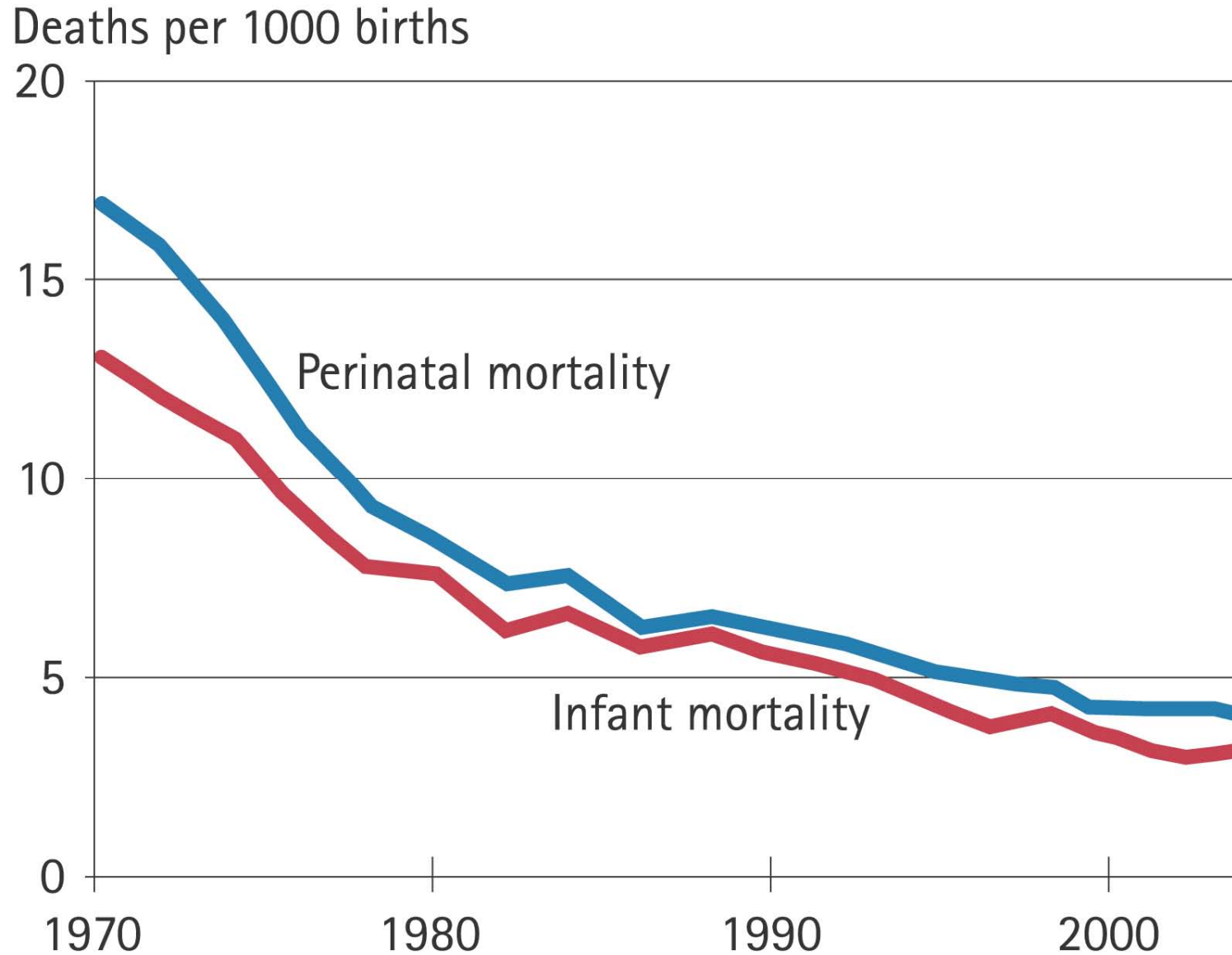
**Figure 43.** Age-standardised mortality from all circulatory diseases, ischaemic heart disease, all external causes and suicide among persons under 65 per 100,000 population in 2003 in Finland, the EU-15 countries and the new EU countries (since 2004) on average.

(source: HFA Database).



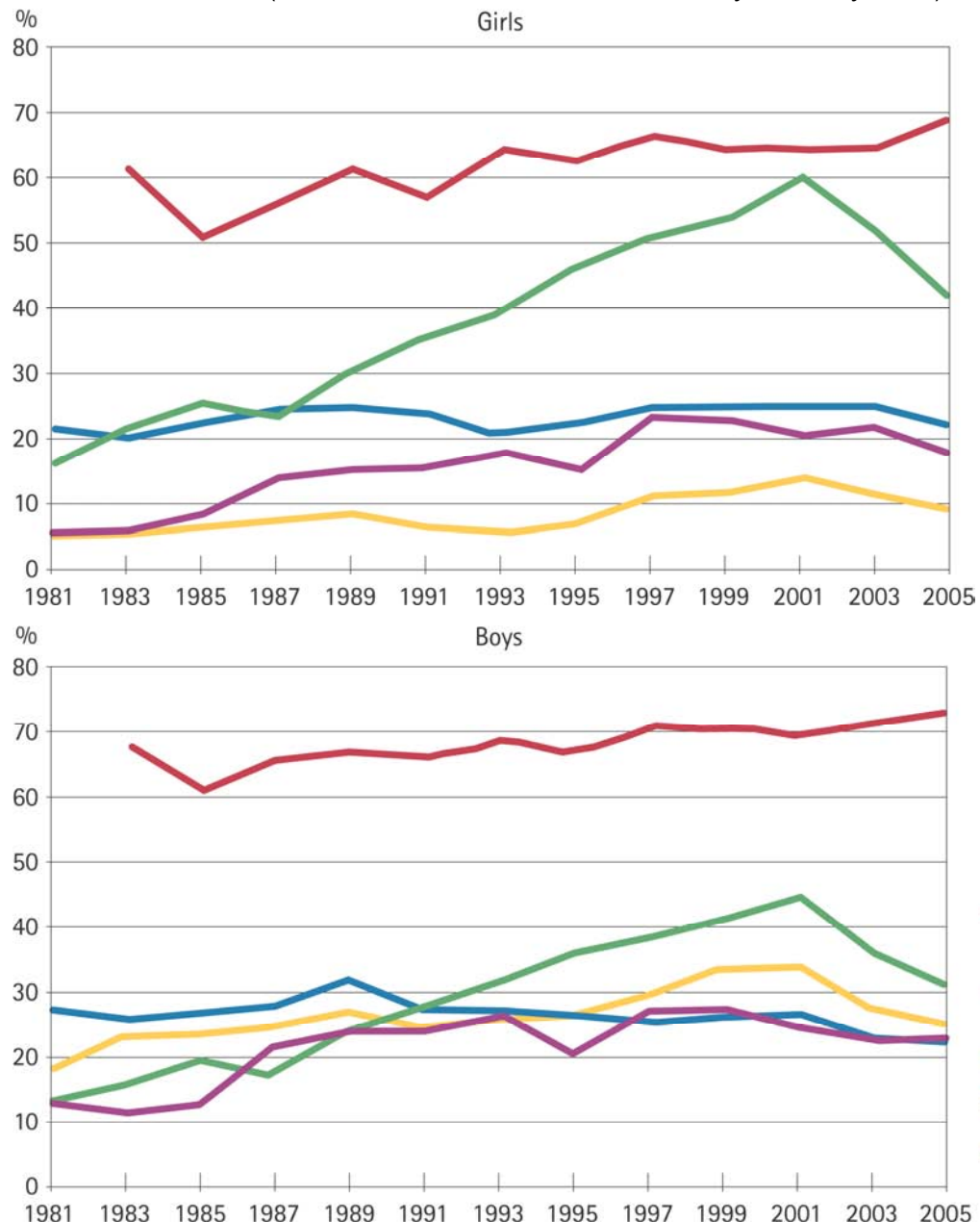
**Figure 44.** Infant mortality and perinatal mortality in 1970–2004.

(source: Statistics Finland)



**Figure 45.** Percentage of boys and girls aged 14–18 who use tobacco or snuff, who binge drink, who take physical exercise during their free time and who know friends who have used drugs in 1981–2005.

(source: Adolescent Health and Lifestyle Survey 2005)

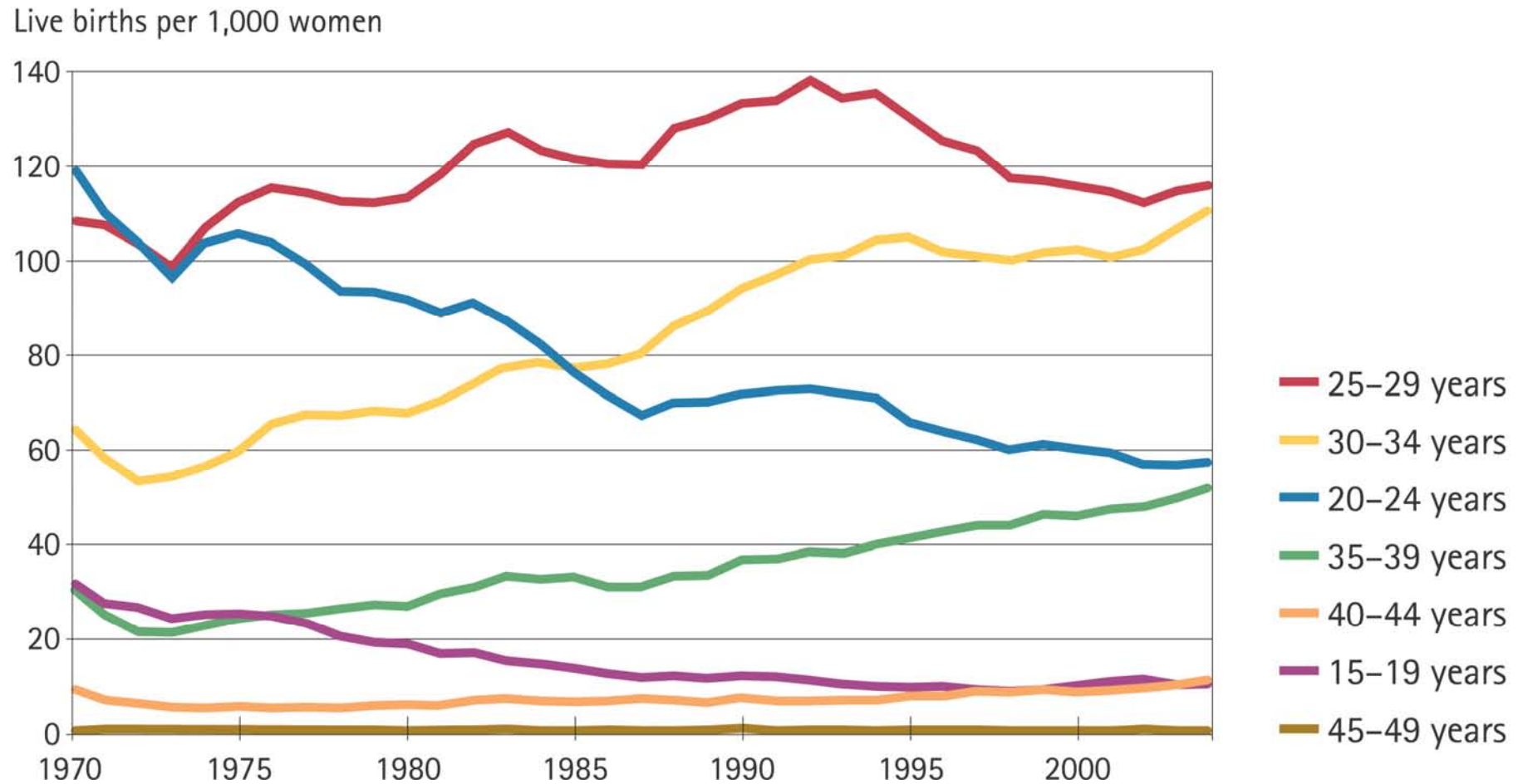


Koskinen S, Aromaa A, Huttunen J, Teperi J. Health in Finland. Helsinki 2006. [www.ktl.fi/hif](http://www.ktl.fi/hif)

- Physical exercise during free time at least twice a week
- Know at least one acquaintance who has tried drugs
- Ever tried snuff
- Daily use of tobacco products
- Get really drunk at least once a month

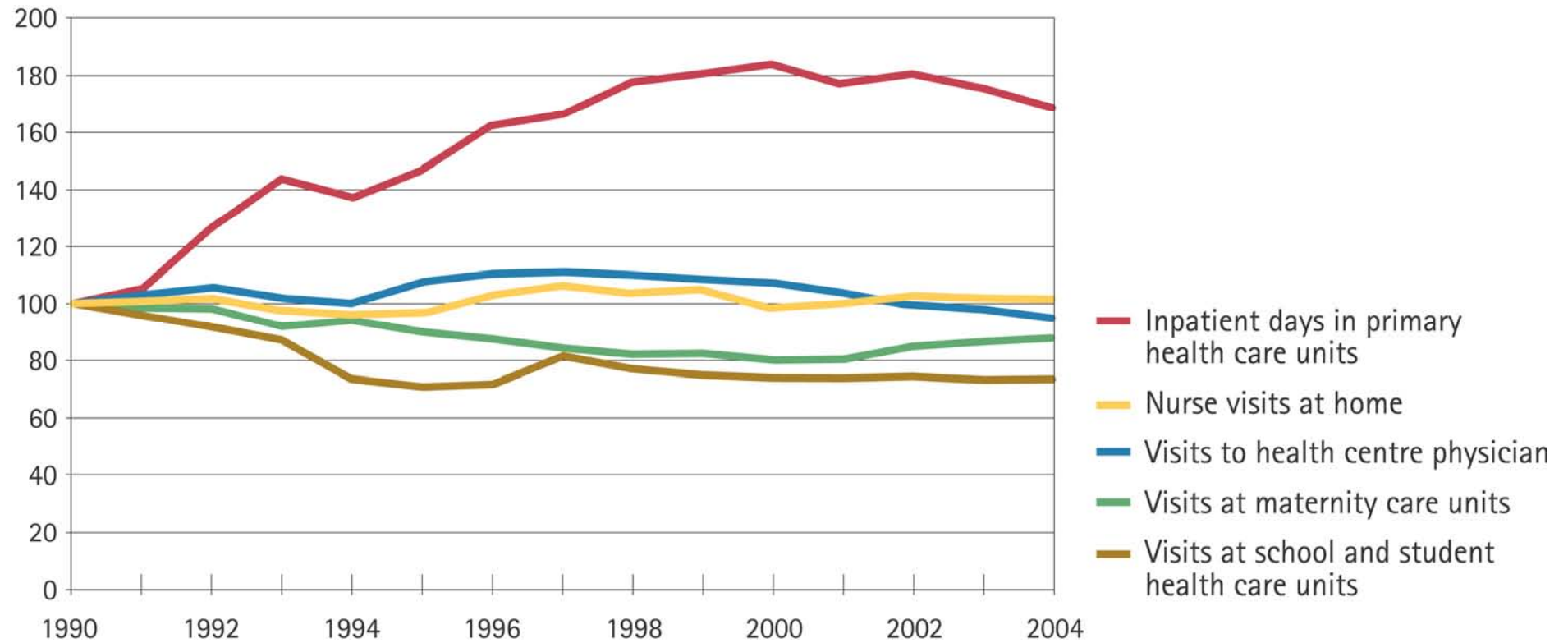
**Figure 46.** Trends in fertility rates by age group in 1970–2004.

(source: Statistics Finland)

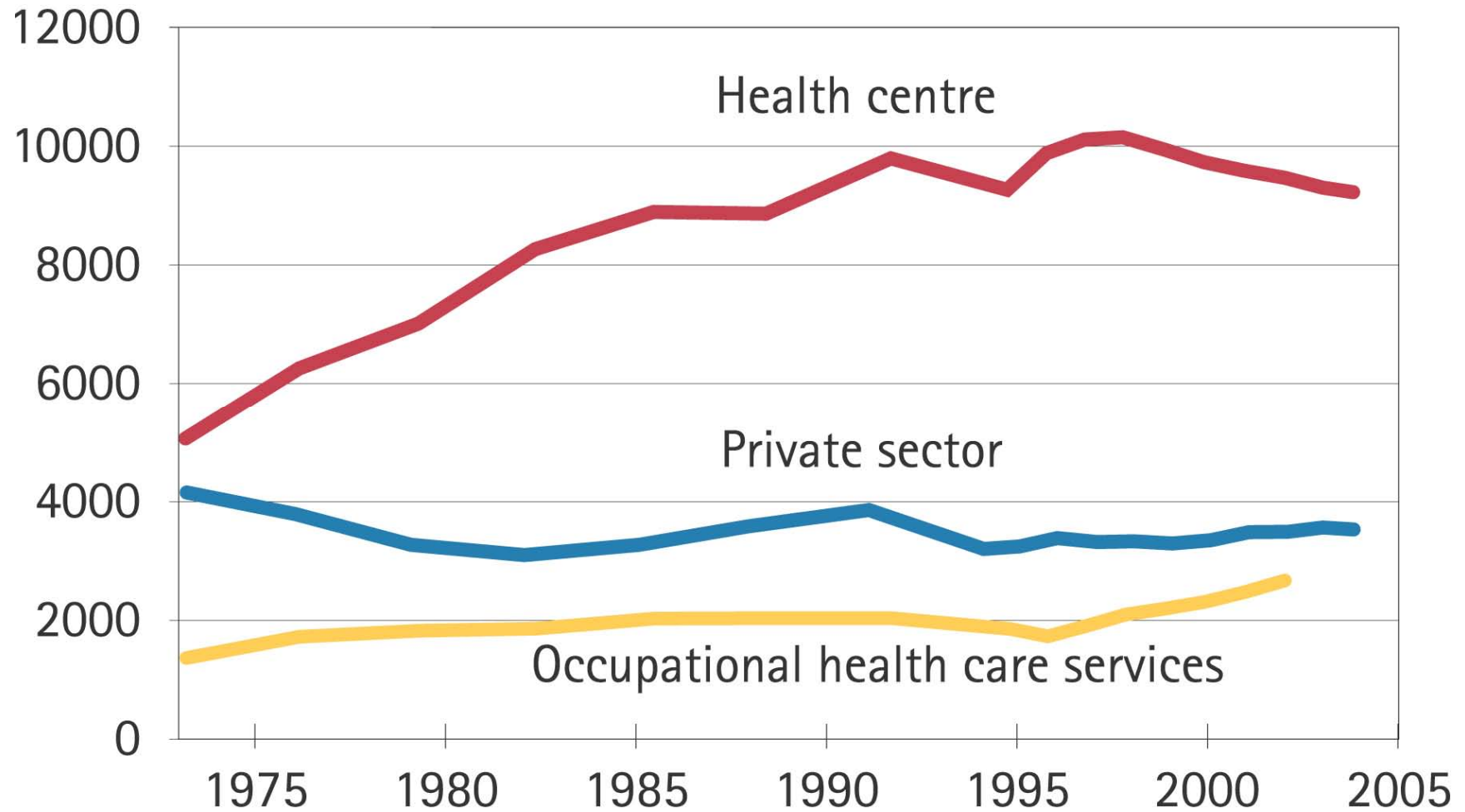


## Figure 47. Primary health care activities since 1990.

(index; year 1990 = 100, source: STAKES).



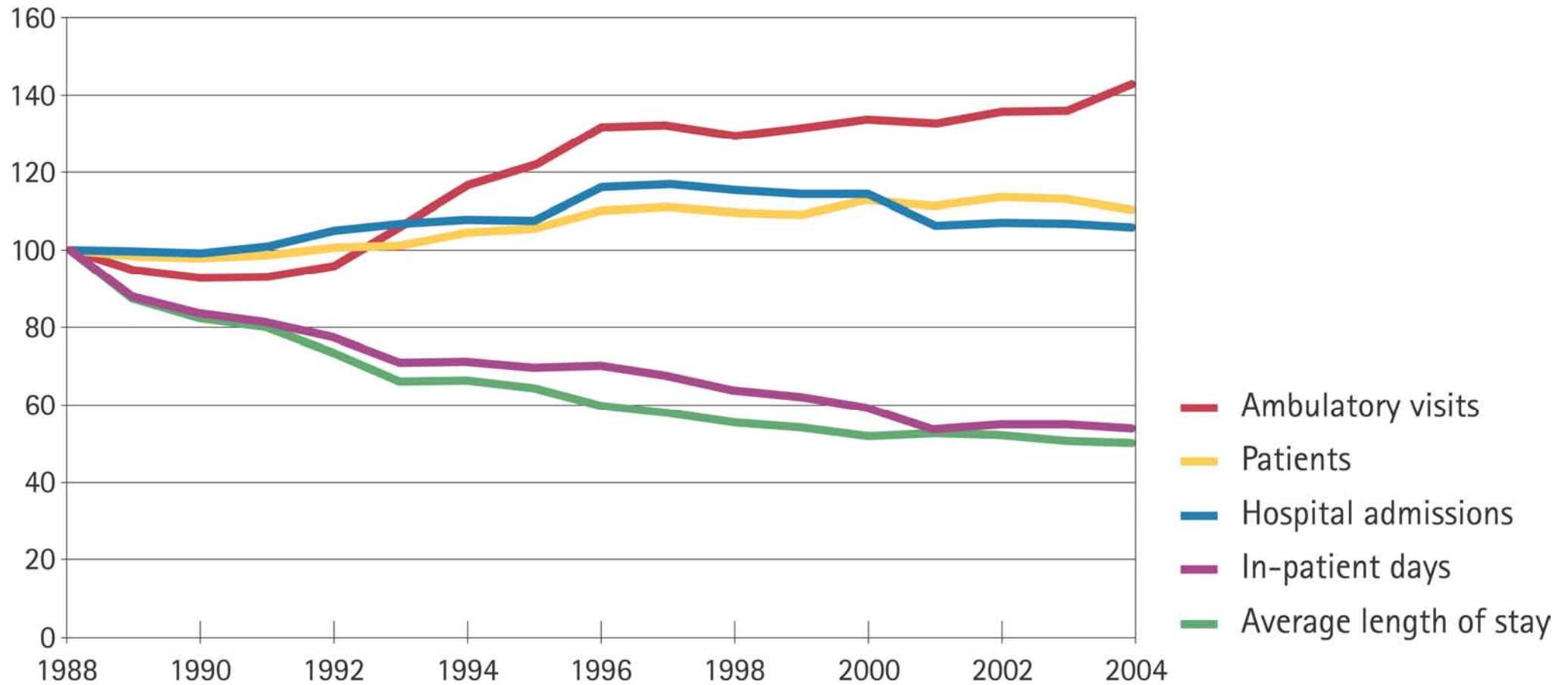
**Figure 48.** Number of annual visits (1,000) to the doctor at health centres, in occupational health care services and in the private sector in 1973–2004.





**Figure 49.** Activities in specialised medical care in 1988–2004.

(index; 1988 = 100, source: STAKES)



**Figure 50.** Development of health care expenditure since 1989, in fixed prices.  
(1989 = 100, source: STAKES)

